

Jewish Senior Living

2015/2016



What's the word on the street? Make that Mission Street and Silver Avenue, the site of the Jewish Home's transformative project

How an old-world language is making new connections at Moldaw Residences

Giving testimony to a profile in philanthropy

TABLE OF CONTENTS



5 ROUNDING OUT SENIOR SERVICES AT THE SQUARE

From doctors' appointments to speakers' series, from assisted living to skilled nursing, the Jewish Home's visionary transformation will provide a wealth and variety of services and programs for older adults and their caregivers on and beyond its Silver Avenue campus.

8 SPEAKING THE SAME LANGUAGE

A common interest in Yiddish and Jewish culture continues to connect a diverse group at Palo Alto's Moldaw Residences.

11 WITH A NEW DISCOVERY COMES NEW HOPE FOR DIAGNOSING ALZHEIMER'S

Professor emeritus, UCSF, and Jewish Home research scientist Dr. Edward Goetzl's findings will enable accurately predicting if people will have Alzheimer's a decade before the actual onset of the disease.

13 IT'S MUSIC TO THE MIND

A recent program at the Jewish Home, iEngage combines technology and personal musical favorites to stimulate memories for residents with dementia and disorientation.

15 WHAT'S MY LINE ON STARS

Longtime volunteer Adrienne Jonas's answers give top marks to the Jewish Home's STARS unit for her rehab following knee-replacement surgery.

17 COURT ADVANTAGE

Attorney Wesley Fastiff and his wife, Bonnie, a former tennis coach, recognize a winning move. That is why they stepped up to support the Jewish Home's site master plan.



19 SHE'S A GLASS HALF-FULL KINDA GAL

A self-proclaimed optimist, Ellen Marks-Hinkle has a carving in her room that reads, "Life is Good." And that is exactly how she feels about living at the Jewish Home.

21 CORE PARTNERS

Through a unique work-study program, multi-ethnic high school students from San Francisco's Immaculate Conception Academy can get to the heart of nursing's matters.

23 HELP AVAILABLE HERE

With thanks to increased outreach, more healthcare professionals know about the Jewish Home's acute geriatric psychiatry hospital and more seniors are getting the help they need.

25 FROM LEISURE EDUCATION TO STRESS MANAGEMENT, THERAPEUTIC TREATMENT PROGRAMS HELP SUPPORT AND EMPOWER

Exercising, learning coping skills, and one-to-one sessions with their doctors keep psychiatry patients stimulated and involved.

26 PUTTING THE HEART BEFORE THE COURSE

The 21st annual golf tournament, dinner and auction, for the benefit of the Jewish Home, reached a milestone number in terms of years and continued its champion tradition of teaming sport with support.

30 IN THE NAME OF THE GAME

For the foursome of Sills, Olander, and two Hallgrimson's, the Jewish Home's annual fundraising golf tournament is an opportunity to have a good time for a good cause.

31 THE SIMCHA IN THE SYNAGOGUE

It was the perfect pairing: Twins Anna and Olivia Perlman connected their generation with that of the Jewish Home's when they celebrated their *b'not mitzvah* in the Home's synagogue, Congregation L'Dor Vador – From Generation to Generation.

32 LOOKING AHEAD BY LEAVING A LEGACY

Gertrude Goldsmith spent her final years in the comfort and dignity of the Jewish Home. Her brother, James Kaufman, with the blessing of his wife, Bertha, left a lasting legacy by including the Jewish Home in his estate planning.

33 THE POWER OF GIFT-PLANNING

Reinforce your lifelong dedication to our community through your estate plan.

37 OUR DONORS

Generous donors support our provision of senior living services and demonstrate acts of loving kindness.

44 A MUTUAL LOVE AFFAIR

Dedicated volunteer Esti Uziel warms the heart and hearth of the Jewish Home's garden café, keeping coffee cups filled and conversation enlivening.

46 JEWISH HOME SERVICE VOLUNTEERS

The Home's corps of active volunteers gives from the heart.



47 PROVIDER FOR THE PANTRY'S PROVISIONS

The Jewish Home partners with Mission Bay Community Church to give the Excelsior Community Food Pantry a new neighborhood marketplace.

48 OUR COMMUNITY PARTNERS

Community organizations and entities partner with the Jewish Home.

49 GIFTS IN KIND

Acknowledging in-kind gifts and the contribution of services.

50 IN CLOSING

Former Jewish Home employee David Sheeran recalls how his years working with seniors in the Activities department helped him heal from his own loss.

PUBLISHER'S DESK



A warm welcome to Jewish Senior Living!

I am delighted to present our annual magazine designed to keep you posted about what is going on in our extraordinary older adult communities at the Jewish Home of San Francisco, at Moldaw Residences in Palo Alto, Calif., and beyond. This has been a busy year and we are eager to share our news.

In these pages you will find stories that will both inform and touch you. You will read about our caring staff, our volunteers, and our dedicated supporters – all who contribute, in extraordinary ways, to enriching the lives of older adults. You will read about our partnerships with a school, a church, and healthcare groups that are helping to enhance the care we give and which promote the welfare of the greater community.

We offer two articles dealing with memory. One tells of a simple tool that enables individuals with dementia to enhance their lives through music. The other focuses on exciting research that could open up new opportunities for early diagnoses of Alzheimer's, a disease that affects millions worldwide.

As you may know, the Jewish Home is embarking on a transformation and redevelopment of its campus, as well as an initiative called The Square – a hub of services, support, and community that will serve thousands of seniors and their caregivers across the Bay Area. Read all about it in *Rounding Out Senior Services At The Square*.

We have added a couple new features for your reading pleasure. In *What's My Line On Stars*, volunteer Adrienne Jonas tells it like it is when she recovered from surgery in the Home's STARS unit. David Sheeran closes the magazine with his poignant recollections of what he learned working with older adults.

Do enjoy this issue of *Jewish Senior Living* and let us know what you think.

With warm regards,

Sherie Koshover
Publisher

ON THE COVER

The lick from her cat may have taken Adrienne Jonas by surprise, but she's in the know about why the Jewish Home's short-term rehab is reputed to be a center of excellence. Read about Adrienne's firsthand experience on page 15.

The Jewish Home of San Francisco is a beneficiary agency of the Jewish Community Federation and Endowment Fund of San Francisco, the Peninsula, Marin and Sonoma Counties, and Jewish Home & Senior Living Foundation.

JEWISH SENIOR LIVING MAGAZINE 2015/2016

A publication of Jewish Senior Living Group
302 Silver Avenue, San Francisco, CA 94112
jewishseniorlivinggroup.org

Editor and publisher: Sherie Koshover
Managing editor: Ilana Glaun
Writer: Suzan Berns
Designer: Michael Wickler
Photographer: Alain McLaughlin
Contributors: Forté; Daniel Hoebeke; Yuliya Tkachenko

ROUNDING OUT SENIOR SERVICES AT THE SQUARE

Demography. Science. Culture. These three words, when considered together, are creating a sea change in how we live and for how long.

Since the first wave of baby boomers turned 50 some 20 years ago, gerontologists have warned about the silver tsunami that is due to hit communities. Those 50-year-olds will soon turn 70. Science has enabled them to live longer and, with a little luck, healthier. Culture has encouraged them to continue leading independent lives – to, as it were, age in place.

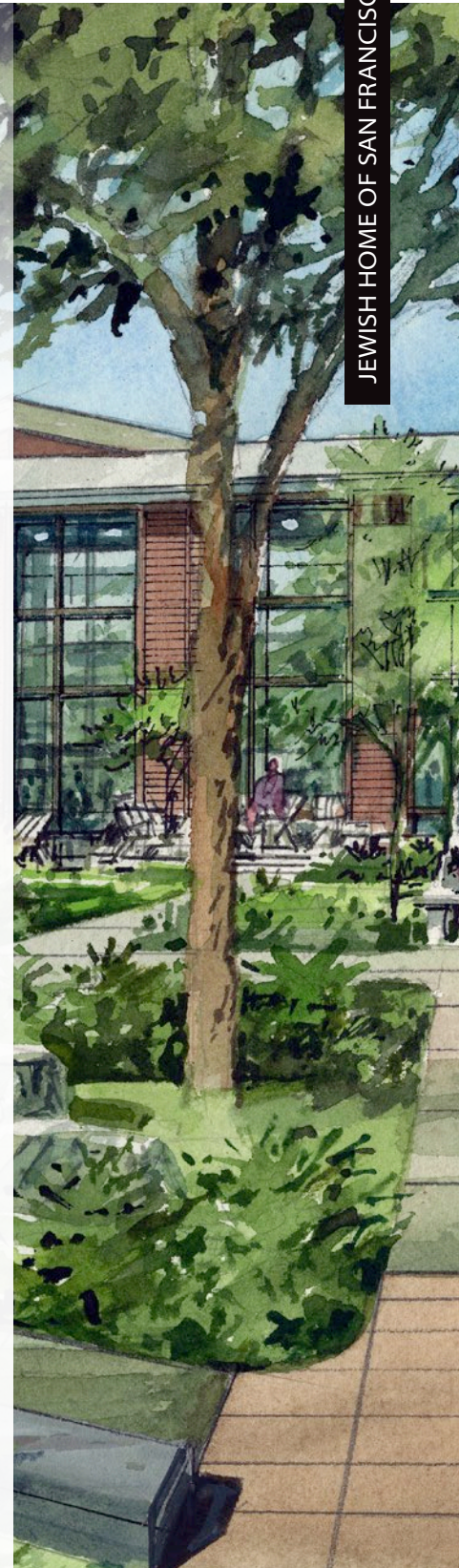
Old-style facilities that provide seniors with housing, care, and programs are no longer enough. Communities must be prepared to offer these new older adults resources to support and serve them as they live independently in their own homes, along with a variety of additional housing options – all of which must be integrated with community life.

Recognizing these changing wants and needs, the Jewish Home of San Francisco is undertaking its most significant redevelopment and transformation in its 144-year history. The Home’s nine-acre Silver Avenue campus will be transformed from a facility that currently serves some 1,800 residents and short-stay patients annually into a bustling, thriving site of services, support and community, serving thousands of people – older adults, families, caregivers, Jews and non-Jews – across the Bay Area.

“When we look to the future, we see a new footprint that preserves the best of current Jewish Home facilities and replaces others with modern structures, services, and programs,” says Daniel Ruth, Jewish Home and Jewish →



ARTIST'S RENDERING



Senior Living Group president and CEO. “Our goal is to thoughtfully respond to the changing needs of senior adults and their families and caregivers. We aim to develop a continuum of care that’ll be economically sustainable and viable for generations to come, as well as serve a broader range of individuals than we do today.”

Residential options will include approximately 250 skilled-nursing suites, and about 111 new assisted / catered-living apartments and 75 new memory support assisted-living suites. For individuals needing short-term care, the offerings will expand to 120 rehabilitation suites and as many as 25 acute psychiatric suites.

“Residences will reflect the latest trends in senior housing,” says Jason Erdahl, the lead architect with Ankrom Moisan Architects, who, in partnership with Van Meters Williams Pollack, are designing the Jewish Home’s new campus. These include smaller neighborhoods or groupings in memory support and skilled nursing, private bedrooms with showers, and more space for residents’ personal possessions. “Smaller settings provide a more calming environment, and having things from one’s home is comforting,” he says.

Another trend, notes Jason, is to “provide choice and variety in lifestyle options. You can choose where you eat, where you socialize, what activities you participate in.” Residents in the assisted-living community will have these options. They will enjoy apartment-style living in spacious one- and two-bedroom units, with services to support them as they age.

The focal point of the Home’s transformation is The Square, which will host a marketplace of senior-oriented services, provided in collaboration with partners who are experts in their field.

“We’re not doing this on our own,” explains Jan Reicher, Jewish Senior Living Group’s director of strategic projects and transformation. “We’re doing it with partners, ranging from Bay Area Jewish community agencies and university lifelong learning programs, to various therapeutic and medical clinics. We want to bring everyone under our roof.”

For example, Jan describes, a visitor to The Square might check in at the concierge desk at 9:30 a.m., do water aerobics in a therapy pool, see her optometrist, meet a friend for lunch at a café on The Square, and finish the afternoon at a lecture in the performing arts auditorium before boarding a shuttle for a ride home. “It’ll be a place for people to come to have their various needs met – medical, wellness, social, mental and behavioral health, and even some shopping, such

as dry-cleaning, shoe repair, grab-and-go food items, and pharmaceuticals,” she sums up.

Services provided by The Square will also help people continue to live more appropriately and safely in their own homes.

“The Square will be anything but square,” declares David Friedman, who chairs both Jewish Senior Living Group and the fundraising campaign for the Home’s redevelopment project. Noting that when he was growing up, the word ‘square’ meant ‘traditional,’ he continues: “This is a leading-edge concept of what the elderly will need. We’re approaching it in an extremely forward-thinking way and donors are very excited about it.”

The project will cost an estimated \$130 million. “We plan to raise \$70 million through a combination of large and small philanthropic gifts,” David says. “Once the funds have been raised, we’ll finance the remainder. As *Jewish Senior Living* goes to press, we’ve surpassed 50 percent of our goal.”

“By offering a much broader spectrum of living and care options, older adults can plan for the future without fear of burdening their children,” says Daniel Ruth. “Our model enables couples to stay together if one member’s needs change. It provides a comforting environment for a surviving spouse. And the integration of senior residents of diverse capabilities into an on-campus community is an antidote to the loneliness and isolation older adults often experience when they choose to live alone at home as long as possible.

“With a new modern campus in place – and deeper connections to our neighbors – the Jewish Home will have two assets that are absolutely essential to serving our community’s older adults for decades to come,” he maintains. “We’ll have a sustainable business model that meets the needs of a fast-growing, changing market. And we’ll be supported by a financial stable mix of services – with revenue from rental living units, joint ventures with a wide range of partners, revenue from our expanded short-term rehab program that’ll help support our provision of charitable care, Jewish Home funding, and community philanthropy.”

“I’m delighted that we can focus on a very exciting future as we carry forward the Jewish Home’s mission and long-standing charitable commitment to our community’s most vulnerable elders,” he concludes. “Although bringing the vision of a new campus for senior adults to life has its challenges, it’s most definitely a privilege.” ■



ARTIST'S RENDERING

SHAPING UP THE SQUARE

The Square is a physical place as well as a virtual location that provides services, support, and community for older adults and their caregivers under one roof. That roof will be physical – a bustling site on our Silver Avenue campus – and virtual, “in the cloud” (i.e., the Internet; a data center of servers connected to the Internet).

ENVISAGE THIS:

- ◆ Wellness and fitness
 - ◆ Information and referral
 - ◆ Retail
 - ◆ Medical (Western/Eastern)
 - ◆ Nutrition
 - ◆ Care navigation
 - ◆ Caregiver support
 - ◆ Support groups
 - ◆ Behavioral health
 - ◆ Educational classes and workshops
 - ◆ Arts and ideas lecture series and seminars
- ◆ Finding community through social interaction that includes learning with others, playing games, or joining an online support group.
 - ◆ Receiving physical therapy after a stay in the Jewish Home’s STARS (short-term and rehabilitation services) unit.
 - ◆ Benefitting from the “Getting Back To Life” program in our fitness/wellness boot camp for older adults and caregivers after completion of physical therapy.
 - ◆ As an adult child living out of town, securing care coordination and navigation (individualized help with overcoming any healthcare-system barriers and getting timely access to quality medical and psychosocial care) for her parent in the Bay Area.
 - ◆ Remaining close to a spouse who lives in one of the new memory-care suites and, in between visits, volunteering at the Jewish Home and enjoying a swim in the new pool.
 - ◆ Sharing a love of learning as a retired teacher continues to inform and interest through The Square’s Life-Long Learning Institute.

Whichever way you look at it, The Square will be unlike anything in or beyond the Bay Area.

SPEAKING THE SAME LANGUAGE

Sadie Espar, a resident of Palo Alto, Calif.'s innovative retirement community, Moldaw Residences, has a unique group of friends who come from multiple countries, walks of life, and age groups.

Now in her 90s, this dedicated woman has been leading the Yiddish Club for decades – from their first meetings in Palo Alto itself to specifically at the Oshman Family Jewish Community Center (located, as is Moldaw, on the Taube Koret Campus for Jewish Life). Over the years, she has delighted in the changing faces of those who come to study the language (the club welcomes all levels of Yiddish-speakers) and develop a deeper knowledge of Jewish culture.

Philip Kutner (right) tells a tale in Yiddish. Jack Sklansky leans in to listen.



"It's like this shared interest to learn Yiddish creates a bond that transcends time in a way."
– Sadie Espar, Yiddish Club founder



"We got the club started simply out of a need to communicate when traveling internationally," recounts Sadie. "A friend of mine, Jean Kraft, and I decided to organize it because she'd recently taken a trip to France and couldn't speak French well enough but wanted to converse with people there. She knew some Yiddish and used it as a sub-language to get by. However, she understood she needed to increase her vocabulary and become more fluent."

The group began to meet regularly. As its popularity grew, Sadie saw relationships forming and realized the language's unifying quality. For Sadie, it is beautiful to know that Yiddish, which was once spoken by millions of Jews all over the globe, continues to bring people together.

"Through the years, it's been incredible to see someone walk into a club meeting, introduce themselves, and then discover they know someone else there through a shared acquaintance or relative," says Sadie. "I personally have met people much younger than myself with whom I share a common connection. Often these are people I'd never have met otherwise, but we're in the same place to engage in the same study."

The club's numbers have fluctuated as people move, interests change and newcomers visit, but the camaraderie among the members has been consistent over the past 25-plus years.

"Connections across generations and across the world are made here all the time," Sadie notes. "It's like this shared interest to learn Yiddish creates a bond that transcends time in a way. It doesn't matter if you're a high school student learning from a beginner's book, or someone much more knowledgeable who's reading a novel by Sholem Aleichem, the most beloved classical Yiddish writer. The point is that we're coming together to study this same language and aspects of Jewish culture."

As one member who came to the United States from Russia and grew up in a Yiddish-speaking environment puts it, these club meetings unify people from different countries and backgrounds in a warm, welcoming atmosphere. It is about nostalgia and discovering more about Jewish heritage through this expressive and evocative tongue. Those coming to learn Yiddish are not doing so in the same way many learn a language commonly used today. Rather, it is about establishing a connection and relating to people in other countries who share the same background.

"There have been times when there's hardly enough room for all of us to meet and there have been sessions with only a few in attendance," Sadie says. "The key is that the club has continued to exist because interest in Yiddish has continued to exist. Yiddish touches so many of us."

Adina Gordon, an art historian and fellow Moldaw resident, describes the club meetings as amazing experiences. She, too, has discovered connections. At one meeting, Adina established that she had known the father of a young Israeli-American woman when they were members of the youth movement Hashomer Hatzair in New York before the father made *aliyah* to Israel. Because many people come to the →



Left to right: Club members Riva Gavartin, and Alexander and Clara Torban.



Pianist Linda Mankin leads the group in song.

meetings to learn about their roots and educate themselves on family history, discoveries such as these are not uncommon.

"I've always loved Yiddish literature, and made a point to find this group as soon as I moved to the area to retain what I already knew and continue to build my language and reading skills," says Adina. "I love Yiddish songs and the way the language and lyrics preserve a lot of the flavor of our Jewish heritage. My parents spoke Yiddish at home, as well as all my grandparents, aunts and uncles. That's how my brother and I learned to speak it during childhood."

Adina describes how her mother, an immigrant from Poland who came to the United States at age 16, wanted to be an American. Continuing to speak Yiddish was seen as maintaining "the old ways" and was something from which

didn't learn it the way I did growing up, but they have an appreciation for it nonetheless."

Adina's favorite aspect of the Yiddish Club meetings is the mix of people it draws and the interesting discussions that originate from the members' backgrounds. She has enjoyed hearing all kinds of fascinating stories told in Yiddish and, of course, she likes the songs they sing. They also spend time reading together to build their vocabulary and have had guests provide musical entertainment as well.

"I remember the day a high school student came by, expressing interest in learning Yiddish. He joined our meetings," tells Sadie. "He kept in touch over the years, and now, after graduating college, he's a club regular and has impressive Yiddish-speaking skills."



Naomi Zamir (left) adds to the musical element by playing the accordion. Adina Gordon augments her childhood knowledge of the language.

many wanted to move away. Her mother spoke Polish and German, and learned English and Hebrew. However, Yiddish was often spoken in their household and was the language Adina remembers hearing since birth. Her parents would switch between languages if they wanted to keep serious matters from the children.

"When my brother and I started picking up what they were saying in Yiddish, my parents would switch to speaking German. Then we caught on to that well enough, so they'd begin speaking Polish," Adina recalls. "My husband and I spoke only some Yiddish around our own children, so they



On the day's program, the singing of the Yiddish theater song *Dana Dana* (also known as *Dos Kelbl*). Traditional folk-song lovers may be familiar with its English version, *Donna Donna*.

Instances such as this remind Sadie of the relationships they form at the meetings and the importance of this heritage that unifies them in a special way. She admits that she is approaching the time to pass the torch as club leader, but no one is in a hurry to see her step down from the role. Just like the language itself, this Yiddish Club has brought together people of all ages and backgrounds, kept interest alive, and endured. ■

WITH A NEW DISCOVERY COMES NEW HOPE FOR DIAGNOSING ALZHEIMER'S

RESEARCH

A major new discovery by Jewish Home research scientist Dr. Edward Goetzl, working with scientists from the University of California, San Francisco and other institutions, will enable neurologists to predict whether a person will have Alzheimer's disease at least 10 years before the onset of symptoms. →

Jewish Senior Living sat down to talk about the findings with Dr. Goetzl, UCSF professor emeritus, and Dr. Christine Ritchie, Jewish Home-based UCSF Harris Fishbon Distinguished Professor in Clinical Translational Research in Aging.

Jewish Senior Living: Let's get right down to it. Tell us what you've learned.

Dr. Goetzl: Simply stated, we've found that by analyzing a certain particle in the blood, we can determine if an individual will have Alzheimer's disease long before the appearance of neurological signs. Our studies of about 174 cases have proven to be 98 percent accurate.

This information is present in exosomes, a particle that has broken off from a cell but still carries the constituents of the cell it came from. We learned how to isolate the exosomes and pull out those that came from neurons in the brain. These are identifiers that tell about the health or well-being of the brain and they're in the blood – an environment where we can look at them.

Dr. Ritchie: We used to consider exosomes debris in the blood much like interstellar matter found in space. So this is a significant discovery.

JSL: Since there's no cure for Alzheimer's as yet, what are the benefits of this discovery?

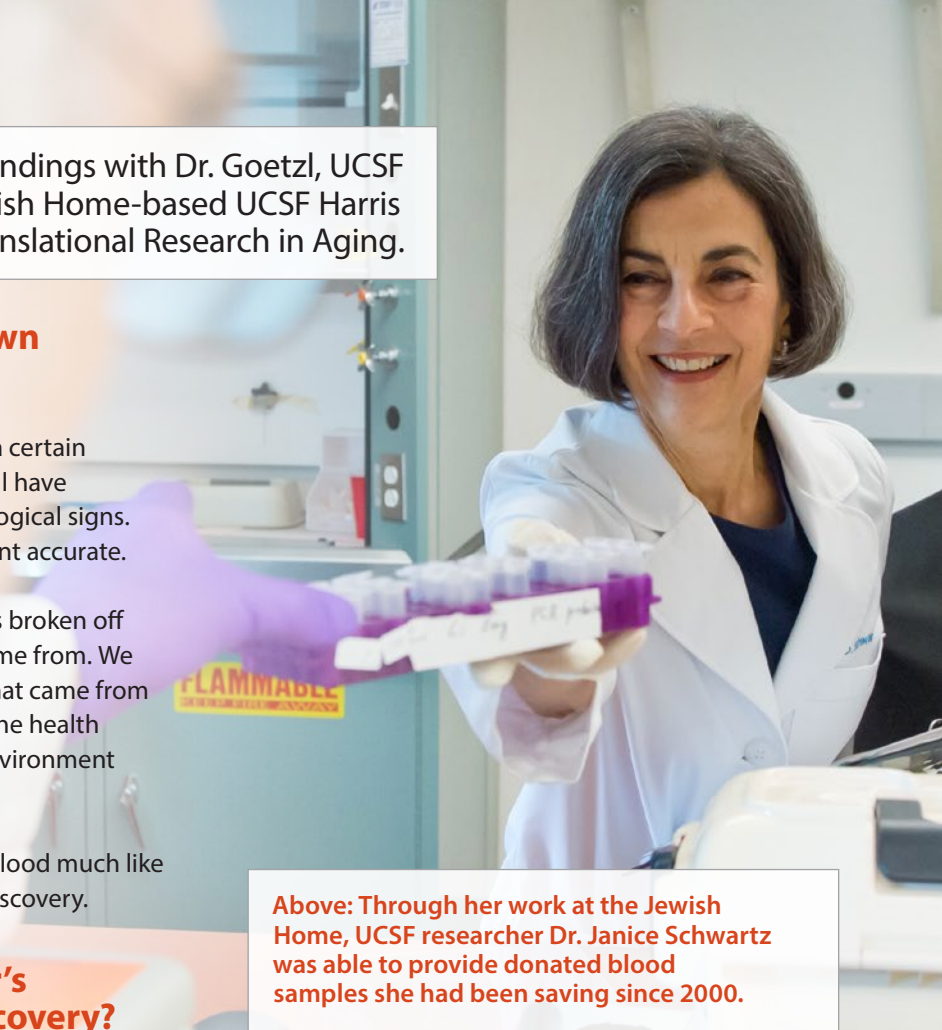
Dr. Goetzl: Early diagnosis could lead to better results from existing drugs. Currently, by the time there are enough symptoms to diagnose Alzheimer's, the cells are dead. There are drugs out now that can make a difference if people begin to use them before the cells die.



JSL: Why did you embark on this research at the Jewish Home?

Dr. Ritchie: The Jewish Home offers a wealth of opportunities for studying the diseases and deficits of older adults. There's the Home's senior population and the medical staff who are experts in so many fields relating to aging. Research that has taken place over the last years at the Home is an important resource, along with the partnerships developed with other organizations such as UCSF and the National Institute on Aging. If the Jewish Home wasn't here, a lot of the good work Dr. Goetzl's doing wouldn't happen.

Dr. Goetzl: Here's one example. For comparison purposes, we needed blood samples from people over time – from those who had Alzheimer's, developed Alzheimer's, and did not develop Alzheimer's – which we were able to get from donated blood samples that UCSF researcher Dr. Janice Schwartz, through her work at the Jewish Home, has been saving since 2000. Using these samples, we were able to predict whether Alzheimer's was present, and confirm it through records of Jewish Home residents.

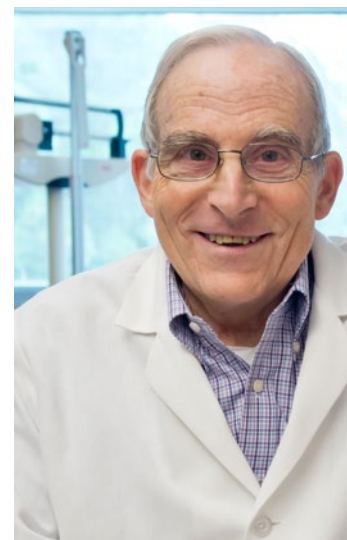


Above: Through her work at the Jewish Home, UCSF researcher Dr. Janice Schwartz was able to provide donated blood samples she had been saving since 2000.

Left: Dr. Christine Ritchie, Jewish Home-based UCSF Harris Fishbon Distinguished Professor in Clinical Translational Research in Aging.

JSL: What's next?

Dr. Goetzl: We're working now to meet certain criteria in order to begin testing in greater numbers. Once that investigation's completed, we'll begin clinical trials. We hope the test will be available to the public from neurologists in about two years' time. ■



According to Jewish Home research scientist Dr. Edward Goetzl, analyzing a certain particle in the blood to achieve early diagnosis of Alzheimer's could lead to better results from existing drugs.

IT'S MUSIC TO THE MIND



Samantha Rubin-Pope outfits Jewish Home resident Nora Sakovich with a set of headphones. Olga Lavault, recreation therapist and initiator of the program, engages with Nora.

A woman is sitting in a comfortable chair. Earphones are cradling her head, and her body sways rhythmically to music. She sings along with the chorus.

This is a commonplace sight – yet usually of a customer in a café, a person sitting on a park bench, a commuter on a bus. But this scenario is taking place on the Jewish Home’s dementia care unit. The woman singing to the music has severe Alzheimer’s and rarely speaks or engages with her nurses or even visiting family members.

She is participating in iEngage, a Jewish Home program that provides a personalized soundtrack recorded on an MP3 player and played for residents on headphones. It is the Jewish Home’s version of a system created by Music & Memory, a nonprofit that uses digital technology to enhance the lives of the elderly or infirm through music. →

Research has shown that the parts of the brain used in the memory of music are not as affected by most forms of dementia as are the parts used in communication. Thus music – live performances, sing-alongs, and background music – is often found in senior facilities. iEngage takes this information and improves upon it by asking family members what music was meaningful to their loved one in their earlier life, then producing a personalized playlist on an MP3 device and delivering the music to the resident through headphones.

The objective, says Olga Lavault, a recreation therapist at the Home, is to use nonpharmacological intervention to improve the lives of withdrawn, disoriented or distressed residents.

“As people age, their sensory access to the world diminishes. Their world gets very small,” explains Olga. With weakened hearing and vision, along with symptoms of dementia, a resident may not be aware that someone is playing the piano or they may not be able to focus on the musician. However, when they recognize the music they are hearing at such close range, it helps them focus. “They come alive,” she says. “They smile. They’re happy.”



Parts of the brain used in the memory of music are not as affected by most forms of dementia as are the parts used in communication. iEngage takes this information and improves upon it by providing a personalized soundtrack that is played for residents on headphones.

Samantha Rubin-Pope, a 17-year-old senior at Branson School in Ross, Calif., spent this past summer volunteering with iEngage. She met with residents and families to introduce the program, researched and downloaded suggested songs, and set up and played the music with the residents. “The results are pretty spectacular,” she confirms. “Typically, some people rarely talk, others don’t have the best or most positive attitude, or they’re shy. But when I play the music for them, they come to life.”

iEngage came into play at the Jewish Home in the summer of 2014 when Olga mentioned to Vadim Sakovich, the son of resident Nora Sakovich, that she was interested in starting a program along the lines of Music & Memory. Mr. Sakovich generously gifted the Home with five sets of paraphernalia for the project. Next, Laura Bowlby, a recreation therapist interning at the Home, tested the program with five residents, with extremely positive results. Today, between 10 and 15 residents are connecting with iEngage.

“For residents with dementia,” Laura maintains, “music is the medicine that can turn the dials of time for their memory and spark that inner self that may have retreated from a confusing and disorienting existence.” ■



Everything's coming up roses for Adrienne Jonas post her stellar treatment on STARS.

WHAT'S MY LINE ON STARS

Adrienne Jonas has volunteered at the Jewish Home for more than 20 years, first in the garden café and then in the gift shop. When she spent two weeks in the Jewish Home's STARS (short-term and rehabilitation services) unit recovering from knee-replacement surgery, she saw the Home from a different angle. *Jewish Senior Living* checked in with Adrienne two months after her surgery.

What was it like, being a patient instead of a volunteer?

It was interesting. Everyone was very nice and very kind. When I was first on STARS, some of the staff said, "I know you."

In the beginning, some staff I know from working in the gift shop came by to help me get dressed, but I learned quite quickly how to do it myself. I was able to get to the gift shop and pick up some things I needed. I bought a house dress, slippers, and a few other things. I got my hair done. And I had a private room – most of the rooms on STARS are private – which was wonderful! →

How did your physical therapy go?

Having a space dedicated to rehab is one of the special things on STARS. My mobility's very good and I attribute it to the therapy I had. At first I was in a wheelchair, then a walker, and finally a cane. You have to have a mindset that you're going to do the work. If it hurts too much, the therapists will stop you, but you have to try.

They were very patient and the things we did were important for my recovery. My physical therapist, Anastasia Vourakis, had me riding an exercise bike, among other things, and Amrik Gill, my occupational therapist, showed me how to get in and out of a tub. He's young and I felt kind of motherly toward him. I gave him hints on how he should save money.

What did you do for fun while you were there?

For one thing, I was in the Home's crazy fashion show, which was part of the celebration for National Nursing Home Week. The show was actually themed "Outrageous." Mediatrix Valera, the Jewish Home's director of recreational programs, convinced me to do it. She was so cute! She had me laughing. I wore a paper-chain scarf, a hat, and carried maracas and a stuffed animal. I used my walker to go down the show's aisle. There was only one problem – getting up from the folding chair I was sitting on. It took two people to get me standing.

So what's the verdict on STARS?

Thumbs up, five stars! And I lost weight, too!

Learn more about this short-term and rehabilitation center of excellence by contacting STARS admission coordinator at 415.469.2286. Visit jhsf.org/stars



Adrienne points out the excellent results of her rehab.

COURT ADVANTAGE



"The Home is a wonderful resource for the Jewish community. I'm glad we can help with this project."

– Wesley Fastiff, lawyer, sports enthusiast, inveterate traveler, and dedicated Jewish Home supporter, with his similarly inclined wife, Bonnie.

For Wesley and Bonnie Fastiff, some things are timeless. They have been married for 53 years and, "It's still like a honeymoon," says Wesley. "I've been very fortunate."

Wesley is a lawyer with Littler Mendelson, the labor relations firm he joined in 1963 and led for many years – and he still thoroughly enjoys it. "That's why I continue to work," he enthuses. "Every case is different, every problem is exciting. I look forward to meeting with clients, learning about their business, and helping them deal with their concerns."

Recognized nationally for his skills in labor and employment law, Wesley is chairman emeritus of the firm's board and past chair of Littler Mendelson Foundation, its charitable arm. With a current complement of 1,200 attorneys, the firm operates both nationwide and globally.

Bonnie's career as a competitive tennis player began at an early age. She coached the tennis team while at college, and then went on to run a tennis program at Katherine Burke

School in San Francisco for 20 years. Her goal was to have her students "learn to play tennis and have an activity they could enjoy for most of their lives."

After she retired from teaching at the Burke school, she became the coordinator of Lowell High School's college and career information resource center. Although she only planned to serve in that capacity while their children attended Lowell, she continued volunteering there for 23 years.

The two grew up in the East Coast – Bonnie in Buffalo, N.Y., and Wesley in Falls River, Mass. They both attended Massachusetts' Tufts University, although at different times and thus did not know each other there. Both moved to San Francisco and met when Barbara Rosenberg, a mutual friend, gave Wesley a list of girls to call; Bonnie was on the list. →



A holiday snap of the couple enjoying a cappuccino in Italy.

The couple has two children – both lawyers – and four grandchildren. With Bonnie and Wesley’s affinity for travel, they spend time every year in Portugal and Italy. In fact, shares Wesley, they have stayed at the same hotel overlooking the beach in The Algarve 33 times. “We travel as much as we can, while still taking care of our responsibilities in the City,” says Bonnie.

Sports are also a big part of their lives. They skied in the Dolomite Mountains in Italy, at Tahoe, and in Vail, Colo. They also play golf together. “We don’t compete,” Wesley says. “We just have a good time.”

Dedicated philanthropists, the Fastiffs’ support includes Touro Synagogue in Newport, R.I., the oldest synagogue in the United States, as well as their alma maters, where they have created a Fastiff Scholarship Fund at both Tufts University and Harvard Law School. And they are also longtime donors to the Jewish Home.

“The Jewish Home serves so many people,” Bonnie says. “It’s really important to have it in San Francisco.”

Mentioning that they had a close friend at the Home whom they visited, she adds, “It was a wonderful place for him.”

The Fastiffs have another, even closer connection to the Jewish Home: Their son, Eric, was a member of the board of trustees for several years and served as secretary in 2009/10. The family’s two generations are enthusiastically and generously supporting the Home’s redevelopment of its campus.

“The Home is a wonderful resource for the Jewish community,” says Wesley, echoing his wife’s sentiments. “I’m glad we can help with this project to continue the services the Jewish Home provides to the community.” ■

Both verbally and with accessories, Ellen Marks-Hinkle punctuates her positive perspective.



SHE'S A GLASS HALF-FULL KINDA GAL

*The Jewish Home is the right place for me.
I finally am happy and becoming carefree.*

The couplet above, which is part of a longer verse, is one of the many ways Ellen Marks-Hinkle expresses her happiness – about life and about living at the Jewish Home. Here's another: On a shelf across from her bed, where she can see it when she wakes up in the morning, is a simple carving that states, "Life is Good."

"I saw a picture of it online and I just had to have it," Ellen says. "It's exactly how I feel." →



"He's a teacher and guide extraordinaire," compliments Ellen of creative arts director, Gary Tanner. Ellen's engagement in ceramics boosts her creativity and her arm movements.

Clearly a glass half-full type of person, she observes: "I don't think about the things that are wrong with me. That certainly doesn't do me any good."

Ellen moved into the Home three years ago. After suffering several injuries and a stress heart attack, her doctors advised her she would no longer be safe living alone. At the time, she was not happy about making the change, but now, she says, "I absolutely love living at the Home."

A San Francisco native, Ellen has fond childhood memories of riding her bike through Golden Gate Park with her friends. "It was a safe time to grow up," she thinks back. She was confirmed at Temple Emanu-El, where her father, Raymond Marks, was president. She graduated from Lowell High School – as did her parents and grandparents – and then earned a double major in speech and language pathology from the University of the Pacific. This led to a career working with youngsters in children's centers.

The mother of two, Caroline and Daniel, and grandmother of Lauren, Ellen has also had a significant other in her life for 15 years. "When I first moved here it was very difficult for Alan," she says, "but now he loves coming to visit. She is also a bird-watcher and animal-lover. A picture of her last pet, a

ginger tabby cat named Rojo, which was painted by Fran Hament, a fellow resident and friend, ornaments her desk.

Not surprisingly, Ellen's life at the Home is active and involved. She is thrilled to be the vice president of the Council of Residents and is full of ideas for new activities. She was instrumental in getting a meditation group started. "I studied meditation in my 30s and 40s and remembered how calming and peaceful it was. I thought it was important for us to have it here," she explains.

She has taken up ceramics and is often to be found in the Home's creative arts center. Besides exercising her creativity, she has discovered that ceramics strengthens an arm that does not work well, she says.

Ellen is also on the Residents Menu Planning committee (she suggested adding curry to season some of the dishes), and enjoys many of the lectures and discussion groups that take place during the afternoon, her favorite time of day. And then there is her poetry. "If something pops into my head, I write it down, and then I work on it."

"I'm busy, which is great for me," she confirms. "There's no way I could do all this if I wasn't here." ■

CORE PARTNERS

COMMUNITY SPOTLIGHT



Program director and instructor Arlene Jech (standing second from right), with some of her graduates of the inaugural work-study course. Standing, left to right: Michelle Paz, Cassandra Raul, Arlene, and Rachel Apolinario. Seated, from left to right: Vanessa Munoz, Karen Soto, and Brianna Stradford.

Not pictured: Graduates Jerianne Barrion, Nina Caton, and Cynthia Ruiz.

It is a Saturday in November and at the Jewish Home there is a rather unusual scene: a dozen high-school students, wearing bright blue scrubs, carefully tending to the needs of Russian-language residents.

These young women are part of a new work-study program, which partners the Jewish Home with Immaculate Conception Academy (ICA), and provides them with their first steps in becoming a certified nurse assistant in California. →



"They are amazing young women," says ICA principal, Lisa Graham, of the students. Partnering with the Jewish Home has Lisa's approbation, too.

According to Arlene Jech, who heads the program for ICA, with the Affordable Care Act ramping up, some 5,000 nurses will be needed nationwide to fulfill the needs of patients. Now in its second season, the work-study program offers students from this all-girls' San Francisco high school who are interested in medicine a chance to learn some of the nitty-gritty of nursing.

The program was initiated at the request of the head of nursing at the University of San Francisco, and is aimed at allaying the shortage of nurses, particularly those from low-income, ethnically diverse populations. It was developed by Father Tim Godfrey, a nurse at USF, and funded by an ICA graduate. Arlene, who recently retired after a long and varied career in the field – including a place on the team that surveyed the Jewish Home's nursing services – was hired to direct and teach it. During her survey visit to the Home, she was so impressed with the staff and services that, "I and Father Godfrey went hat in hand to Edwin Cabigao, the Jewish Home's chief nursing officer, to ask if we could do our clinical portion of the program there," she relates.

The course includes a rigorous five weeks of classroom learning that takes place in the summer between the students' sophomore and junior years, followed by 125 hours of clinical experience on Saturdays at the Jewish Home. Students must have a B average to qualify for the program and be sufficiently motivated to waive their summer vacations and Saturdays for most of the following year.

The students learn about patients' rights, laws, roles and responsibilities of the nurse assistant, and emergency procedures, plus anatomy, physiology, and nutrition. They also practice tasks such as feeding, bathing, and ambulating patients on one another, before beginning their clinical practice on real patients.

Cynthia Ruiz, 17, and now a senior at ICA, is one of the graduates of the course. "I thought the course would be a good way to experience the medical field and to find out if it was a fit for me," she explains.

It is important for the young women to let go of the movie image of a nurse before going into the field, Arlene makes clear. "It's not holding a dying man's hand, looking beautiful, with an adoring doctor looking on. It's about emptying bedpans and other not-so-glamorous duties."

For example, Cynthia learned directly that a person may not initially be amenable to undergoing a protocol. "One resident reminded me a lot of my grandma and so I'd spend a bit of time with her when I was done with my assignments. She eventually trusted me enough to let me check her blood pressure," she recounts.



Vanessa Munoz takes Michelle Paz's pulse. Arlene Jech smiles her pride in her students' learning.

At first, communicating with the Jewish Home's Russian-speaking residents was somewhat intimidating for the Hispanic, Filipino, Caucasian, and African-American students who comprise the group, but with a list of some commonly used Russian words in hand and after spending time together, the barriers were lifted. "We also used hand gestures and paid close attention to facial expressions," Cynthia adds.

"Communication is more than words," confirms Arlene. "The students feel it's special that they get to be connected with older people and to help them."

The first class graduated in April 2015 and a second group is now underway. "This course made me realize that I definitely do want to be a nurse," Cynthia vouches. "I want to work closely with patients and create that bond and trust."

"It's a good program," Arlene sums up. "And if you're interested, nursing is a really good profession." ■

HELP AVAILABLE HERE

There is good news about the Jewish Home's acute geriatric psychiatry hospital: In the last months, all 12 of its beds have been full, and often there is a waiting list of individuals who need the specialized short-term care it provides.

Why is this good news? For two reasons: It means that seniors are getting help in a hospital that deals solely with the unique medical and psychiatric needs of the elderly. It also means that the outreach being undertaken by the facility's Dr. Elliott Stein, Dr. Stephen Hall, and Sonya Ciancutti to inform both professionals and the public that such help is available, is yielding positive results.

The Home's psychiatry hospital is the only one in San Francisco and one of few in the Bay Area that does not intermingle older adults with the rest of →

Reaching out to be of service is Dr. Elliott Stein, acute geriatric psychiatry hospital's medical director, and Sonya Ciancutti, program director/administrator.

the population. This is significant, says Dr. Stein, the hospital's medical director, because physical illnesses or conditions of later life can be underlying factors in the emotional disorders leading to hospitalization. As the hospital's gero-psychiatrists and staff are trained specifically to deal with the elderly, they have the knowledge to diagnose and treat patients accordingly.

For the past year, Dr. Stein, Dr. Hall, associate medical director of psychiatric program development, and Sonya, along with other psychiatry staff, have reached out to community clinics, hospital emergency rooms, social services departments, and varying personnel about the Home's psych hospital. "We've made a concerted and consistent effort to meet people in different facilities who may be resources," Dr. Stein explains. "As a result, we've become better known and there's an uptick in people referring us."



Geriatric care specialist Andrea Leung gets the low-down on the psych hospital's specialized care.

The hospital put together a 90-day marketing plan, says Sonya, who, as the hospital's program director/administrator, is in charge of the outreach effort. "We either go out into the community or talk to people on the phone," she details. "We're networking as a team, and broadening our outreach so that we can connect with as many professionals in geriatric communities as possible."

Dr. Hall has noticed the results of their efforts. Visits to referring sites and individuals inform, educate, and create new relationships, he notes. "We're helping to raise our profile as an important and essential community resource."

The psych hospital serves elders who require temporary treatment for a variety of conditions – among them schizophrenia, depressive disorders, suicidal thoughts, and dementia – that have changed and are causing disruptive behavior. "This is an acute care unit, not the psychiatric version of a nursing home," Dr. Hall clarifies. "Problems are addressed, and people return to their homes."

The work is very gratifying, he acknowledges. "Our treatment team, along with the culture of the hospital, achieve a high level of success. Patients are grateful and so are their families. I feel good about the work we're doing."

"San Francisco has a lot of elders and a number of them will need us at some point," comments Sonya. "I'm extremely proud of what we're doing here." ■





Recreation therapist Lisa O'Donnell honors the acute geriatric psychiatry hospital's holistic approach to wellness.

FROM LEISURE EDUCATION TO STRESS MANAGEMENT, THERAPEUTIC TREATMENT PROGRAMS HELP SUPPORT AND EMPOWER

"The focus of our treatment programs is well-being," says Lisa O'Donnell. "I get to encourage people to function to their highest and best ability."

Recreation therapist for the Jewish Home's acute geriatric psychiatry hospital, Lisa spends her days working with patients and coordinating the hospital's schedule of therapeutic activities. These programs are designed to help heal their bodies and spirits, and stimulate their minds. "It's a holistic approach to wellness," she defines.

The therapeutic treatment program includes group and individual sessions with the psychiatrists and therapists. Patients are encouraged to be active participants in their treatment plan and healing process. As Lisa notes, "It's their time to be empowered."

Group content is designed to meet patients' varying needs and goals, with a field of professionals providing opportunities for treatment and growth. The prevailing, positive thrust is that recovery is possible and achievable for everyone. To that end, Lisa conducts programs such as leisure education, coping skills, movement, relaxation and cognitive games, as well as sessions that promote self-expression, creativity, and enjoyment. The Jewish Home's rabbi facilitates a group entitled "Art for Therapy." Physical therapy staff engages people one-to-one and in groups. The psych occupational therapist reinforces skills such as time management, healthy snack preparation, and hygiene/grooming. The social work team provides individual counseling, as well as psychotherapy and discharge planning groups, while the nursing staff concentrates on health/wellness education opportunities. Also promoted is the independent pursuit of leisure during non-structured time. "This is an important skill to maintain wellness upon discharge from the hospital," explains Lisa.

During peoples' stay in the hospital (for many, it is usually of two weeks' duration), they connect with one another and the members of the interdisciplinary treatment team. According to Lisa, this sense of community in a hospital setting helps provide a model for making – or reforming – community connections.

"The people we serve all have unique life challenges and experiences," Lisa says. "Each person is here for a different reason, each has a different level of functioning. Our programs are intended to meet their needs and tie into their strengths."



Putting the Heart before the Course

Even before they teed off at Lake Merced Golf Club on May 18, 2015, their hearts were in the right place.

From major donors, to all levels of sponsorship, fund-a-need support, donations of worthy auction items and generous winning bids, our annual fundraising event's participants helped ensure that the Jewish Home of San Francisco can continue providing compassionate care for our community's frailest elderly.

"We gather at this annual golf tournament, dinner and auction for camaraderie, enjoyment, good sport and sportsmanship. But at the same time, we recognize our greater purpose – to continue providing outstanding, compassionate care to those people who call the Jewish Home their home – regardless of their ability to pay.

It is thanks to you, our wonderfully generous supporters, and the hearts of the Jewish Home's staff and volunteers, that the Jewish Home is able to continue fulfilling its mission. Together, we look forward to a bright future, with a vision of providing an even greater array of services to both the vulnerable elderly of our community and Bay Area seniors."

Peter A. Pollat, M.D., 2015 Tournament Chair
Shirley Eisler and Bonnie Pearlman, 2015 Dinner Co-Chairs
Michael Eisler, 2015 Silent Auction Chair

TOURNAMENT COMMITTEE

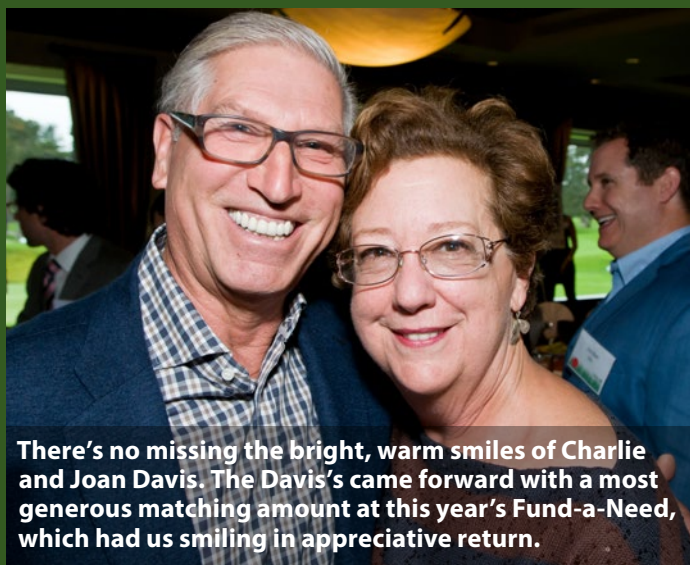
Tom Adams
Benjamin Anixter
Joanne Bernstein
Marian and Allan Byer
Benjamin Eisler
Marcia Eisner

Benjamin Friend
Donald A. Friend
Milt Greenfield
Drew Greenspan
William Greenspan
Scott Montgomery

Don Pearlman
Alan Schneider
Steven Shakin
Jake Shemano
Jason Sills



Dedicated supporters Ron and Lynne Frank Page. Once again, through The Roy & Lynne Frank Family Philanthropic Fund, the couple was the event's Anniversary Sponsor.



There's no missing the bright, warm smiles of Charlie and Joan Davis. The Davis's came forward with a most generous matching amount at this year's Fund-a-Need, which had us smiling in appreciative return.



Ben and Patty Anixter (far right) join Sibylle Whittam (far left) and Lisa Sturzenegger for a four-in-one photo opportunity.



Steve and Arlene Krieger, stalwart supporters across the Jewish Home spectrum.



An authority on this portion of the event is auction host Don Pearlman.



The Jewish Home's Rabbi Sheldon Marder, with dinner co-chairs Shirley Eisler (center) and Bonnie Pearlman.



That's the sight and sign of a winning bid. Jennifer and Jason Sills signal their delight.



An A+ for auctioneer Abra Annes's performance and line of patter.



Giving the function their approval is (left) Rick Baum, chair of the Jewish Home's board of trustees, and David Friedman, chair of Jewish Senior Living Group's board, who, together with his wife, Paulette Meyer, sponsored the dinner.



Guaranteeing himself a golfing trophy is Ben Eisler, who made the winning bid for this body of art. Ben's play (or ploy) brooks no argument from tournament chair Peter Pollat.



Longstanding tournament player and co-planner Alan Schneider (left), with leading teaching pro and host of the day's golf clinic, Josh Zander.

SAVE THE DATE

22nd Annual Golf Tournament,
Dinner & Auction

MAY 16, 2016

Lake Merced Golf Club
Benefiting Jewish Home of San Francisco



Tell 'em apart or keep 'em together; the Goldman twins, Matthew (left) and Jason make a winning team no matter what.



Left to right: Dennis Germaine, Tom Adams, and Willie Greenspan.



For someone who has golfed at Lake Merced for nearly 40 years and won several championships, the rather blustery conditions couldn't phase Ruth Ann Rosenberg.



Family ties, coupled with golfing talent, bring Donald Friend to the center of sons Jason (left) and Benjamin.



Sponsors of the hole-in-one contest are the Lexus team of, left to right, Jordan Koren, Jeff Griffith, Mike Moreno, and Ed Vandine.



IN THE NAME OF THE GAME

Jennifer Sills lived with both her grandmothers when she was growing up, so she has observed firsthand what it is like to grow older.

Ron Olander (left), Jennifer Sills, and Steve Hallgrimson are very much at home on the range and the green. The driving force behind their involvement in this annual fundraising tournament includes belief in the Jewish Home, giving back to charities, a good cause, and good fun.

"I know how scary it can be as your friends pass away and you become less able and less involved in life," she acknowledges. "But at the Jewish Home there's a community, and everyone there is striving for you to stay healthy and live longer. It's a warm, loving environment for the elderly."

Those are some of the reasons why Jennifer takes an active role each year in supporting the Jewish Home's golf tournament, dinner and auction, which raises money for the Home. That – and she is passionate about golf.

"Temporarily retired" as an attorney while she raises her two children, Jennifer comes from a golfing family. "I was on the golf range with my grandfather when I was six," she says. Then she married Jason Sills, "a compulsive, avid golfer" and genetically motivated Jewish Home devotee. "His family's support for the Home goes back for generations," she points out.

A talented player (her handicap is 11) who loves to compete, Jennifer says the sport suits her. "Through playing golf, I've met people from all over the world. It also brings together people from different walks of life. And as a professional sport, it gives back to charities more than any other game."

For the Jewish Home's annual tournament, Jennifer teams up with Steve Hallgrimson, an attorney who was her mentor, and Ron Olander. Steve's son, Eric – a scratch golfer – completes the foursome.

Steve, who says he might as well be Jewish, seeing as so many of his friends are, is a strong believer in the Jewish Home. "I think the Jewish community has a fantastic and altruistic attitude toward the elderly – ensuring they live a life of dignity and helping those who need it."

"Steve's a huge champion for the Home," Jennifer says. He has recruited quite a few people to the tournament, including Ron Olander, whose father was Steve's law firm client for their family-owned fastener business.

"I'm a high handicapper," says Ron, "but I like playing in the tournament because it's fun and for a good cause."

In a sense, taking part in this event is also like coming full circle for him, Ron describes. During World War II, his father flew on a B17 bomber. While he was fighting for the liberation of the Jews, his plane was shot down and he spent 11 months as a POW. Once freed by the Allies, he helped liberate the concentration camps. "It's gratifying for me to be able to help the Jewish Home in this way," Ron says.

Jennifer and husband Jason often play golf together and the Sills' side has won tournaments. At the Jewish Home's annual event, however, each always has their own foursome.

"We're very competitive," Jennifer says about her group. "If we don't come in first, we place." When it comes to challenging her husband's team, "If we played for money," she quips, "I'd definitely take theirs!" ■



THE SIMCHA IN THE SYNAGOGUE

A Torah apiece for twins Anna (left) and Olivia Perlman. Rabbi Batshir Torchio of the San Francisco JCC, who prepared the girls for their coming-of-age ceremony, beams her gladness.

Photo credit | Susan Adler

Should you have passed the Jewish Home's synagogue on Shabbat, August 29, 2015, you may have halted at the sound of voices, considerably younger than usual, coming from within. And wait. Was that a reading of the Torah, the Five Books of Moses?

Indeed, that was the harmony of 13-year-old twins, Anna and Olivia Perlman, celebrating their *b'not mitzvah* – their Jewish coming-of-age ceremony – in the Home's beautiful sanctuary.

While there have been adult *b'nai mitzvah* at the Home in the past, this rite of passage for 13-year-olds may be a first – and a *simcha*, a celebration, that the twins and their parents, Karen and Brian Perlman, were thrilled to realize.

Brian explains: "When we were brainstorming with the kids about how we might bring more meaning with a ceremony outside the normal bounds, Karen and I raised the idea of doing it at the Jewish Home, and they responded positively."

"We wanted to do something that incorporated Jewish values and marked the occasion in a profound way," Karen continues. "We talked about several other places, but the Home was the sweet spot. It's one of the pillar organizations of our Jewish community."

The idea resonated with the girls. As part of their year of service at Brandeis Hillel Day School, they had undertaken a number of projects with seniors that included their classmates.

"It sounded really cool to do it somewhere different," says Anna. "We also thought about how we could involve the residents."

"We really liked the space," adds Olivia. "And because we were doing it outside of a temple, serving a broader community, it wouldn't be as structured, and we could create and participate in more of the service."

The family partnered with Rabbi Batshir Torchio of the San Francisco Jewish Community Center, who studied with them in preparation and guided them through the service. Olivia and Anna loved meeting with her to discuss their Torah portion and what a *bat mitzvah* really means.

"We talked about becoming a part of the Jewish community and the responsibilities that come with it," Anna says.

On *b'not mitzvah* day, the Home's synagogue was filled with *kvelling* family and friends. The Jewish Home's in-house TV channel broadcast the service so that residents could watch it from the comfort of their rooms, and a good number of them joined the celebrants at the reception thereafter, to enjoy the Jewish music, dancing, and food. At close of day, striking flower arrangements that residents had helped create for the occasion graced many of their rooms.

Active volunteers in the Jewish community, the Perlmans have a special connection to the Jewish Home. Karen's maternal grandmother lived there and Brian currently serves on the Home's board of trustees.

The family agreed that the event was perfect; just what they wanted it to be. "We wanted to do something a bit different – take the occasion back to its simpler, pure, meaningful roots," Brian concludes. "The Jewish Home is a special place, holy in its own way. When you think about it, there's nothing more Jewish." ■



Gerri Sterling, trustee of her uncle James's estate.

Right: Big-hearted and far-sighted, James and Bertha Kaufman's generous bequest benefits the Jewish Home.

LOOKING AHEAD BY LEAVING A LEGACY

Gerri Sterling calls to mind visiting her uncle James Kaufman's older sister, Gertrude Goldsmith, at the Jewish Home in the 1980s. The family, including James and his wife, Bertha, would take Gert out to a restaurant for dinner.

Gert lived her final years at the Jewish Home, and James was so pleased and grateful for the dignity with which his sister was treated and the compassionate care she received, Gerri says. Wanting to express his appreciation to the Home, James bequeathed a significant gift, to be paid when both he and his wife had died. Bertha died in 2014 at the age of 89 and, as promised, Gerri, who was their trustee, advised the Jewish Home of her late uncle's generous bequest.

As Gerri was rather young when Gert was alive (there was quite a significant age difference between Gert and James), Gerri did not know her that intimately. But she knew Uncle James, and especially his wife, Aunt Bertha, well, and has many memories of them.

Born in Vancouver in 1924, Bertha made the independent move to San Francisco after World War II and lived in her own apartment until she met and married James in 1952.

"Aunt Bertha was always very independent, even after she married," Gerri remembers. "She knew what



she liked and what she wanted, and went and got it. She was a very modern woman. She worked as a bookkeeper for people we now call financial advisors. Whatever money she had left over, she invested in stocks. She liked to give advice about that."

The couple, who did not have children, traveled all over the world. They visited Eastern Europe, the Soviet Union and China when such travel was unusual, along with more common European destinations. In their later years they spent a month every year overseas, alternating between Paris and Hong Kong.

The Kaufmans often hosted Thanksgiving. "Aunt Bertha liked to cook and made good dishes," Gerri says, recalling that she learned how to make spaghetti sauce from her aunt.

Bertha was proud of San Francisco, her adopted city, and proud of making it her home. Gerri reminisces about the trips she and her mother made from San Jose (where Gerri grew up) to visit with Aunt Bertha in San Francisco. "We'd have lunch downtown and then go shopping at I. Magnin. Both my mother and aunt loved that store. My mother would buy shoes; for my aunt it was purses. When I was going through Bertha's things after she died, I found some of the handbags."

There were other visits, when Gerri stayed for the weekend and Bertha took her on tours of the city, showing her Golden Gate Park and the Exploratorium, along with Haight-Ashbury and the Castro District, one of the first gay neighborhoods in the United States and one of the liveliest and actively aware in the country. "It wasn't until I was older that I understood what I'd seen there," Gerri reflects.

"Aunt Bertha taught me a lot of things that were important that I didn't necessarily learn from my parents," Gerri muses. "That's what aunts are supposed to do, aren't they?" ■

THE POWER OF GIFT-PLANNING

We all strive to do our best with our lives. When we are no longer able to personally make a difference in the lives of others, that role is entrusted to individuals, such as family members, and entities, like charities we hold in the highest regard.

However, we can direct what we have accumulated during our lifetime so that it positively impacts the lives of others. A gift to the Jewish Home of San Francisco through your will or living trust sends a powerful message. The Jewish Home's 144 years of serving the most vulnerable of our elderly has been significantly supported through the generosity and vision of those who have gone before us. This is the epitome of living – and giving – “generation to generation.”

We are proud to list as members of the Jewish Home's Carob Tree Circle those who have made an extraordinary commitment to our community through their estate plans. Please consider joining this exceptional group.

CAROB TREE CIRCLE

We thank these members for their foresight, appreciating those who are with us now and honoring those of blessed memory.

Bernard Aarons
Ernest Abel
Katherine and Nathaniel Abel
Goldie and Jacob Abers
Harriet Abrams
Helen M. Adler
Maureen E. Adler
Martha and Michael Adler
Lelo Crawford Alberts
Emmy Altman
Lucille Appel
Millie and Aron Aronovsky
Norman Ascherman
Jakob A. Atlas
Marion Marx Baer
Irmgard Ballin
Judy and Bret Bantz
Worth W. Barton
Benjamin J. Baum
Patricia and Ernest Belden
Randi and Robert Belot
Curtis F. Bergen
Helle and David Berger
Bellah Berkner

Janice and Dennis Berkowitz
Charlotte Bernhard
Joan and Burton Berry
Ann Best
Cecilia Bieber
Bernice Biederman
Khanuma Blake
Sheila Audrey Blecher
May L. Bloom
Harry Blumenthal
Leonore Blumenthal
Rose Border
Samuel S. Borman
Margot E. Braun
Joseph Bright
Charlie and Herbert Brown
Iris Bulasky
Ann Burger
Maurice Burnham
David Marcus Campbell
Galina and Alexander Capelson
Irving Caplan
Rita Horn and Dennis Cassan
Edith I. Cassmir

Shari Chamitoff
Melody and Richard Chasen
Albert Cohen
Helene and Alvin Cohen
Belle and Jeffrey Cohen
Milton Cohn
Muriel R. Cohn
Rena T. Colombo
Leah Colton
Harold Combs
Fannie A. Cooper
Adele Corvin
Esther Wollner Daniel
Leonie Darwin
Joan and Charles Davis
Claire and James Davis
Roslyn R. Dienstein
Linda Diller
Jeanne Dinkelspiel
Selma Dykhuis
Diane and William Ehrlich
Sara and Harold Epstein
Irene K. Epstein
Marge Falk

Miriam C. Faverman
Laurel and Elliott Feigenbaum
Rhoda Feldman
Barbara and George Finck
Abrea and Lloyd Firestone
Alfred P. Fisher
Rosetta P. Fisher
Doris Flamm
Helene Fleck
Ana C. Florez
Pauline Forman
Sol Fractenberg
Max Frank
Leah Fred
S. K. Friedland
Mark Friedlander
Paulette Meyer and David Friedman
Emanuel Friedman
Captain Julius Friedman
Pauline Friedman
Kathryn and Richard Friedman
Sidney Friedman
Walter Fuchs
Lya Galperin →

Mary Gamburg
 Rowena and Simon "Bud" Gansel
 Miriam Gauss
 Ann Ginsburg
 Emalie and Robert Glassman
 Gay O. Glikman
 Devorah I. Goldberg
 Walter Goldenrath
 Judy Golding
 Jeannette Goldner
 Claude A. Goldsmith
 Eva M. Goldsmith
 Florence Goldsmith
 Marie H. Goldsmith
 Annette Goodman
 Deborah and Ronald Gordon
 Svetlana Polishchuk and
 Arkady Gozberg
 Robert L. Greenberg
 Phyllis and Jerry Greenblatt
 Patricia P. Greenwood
 Rochelle Alpert and
 Steven Greenwald
 Richard P. Gross
 Gail S. Grossman
 Louisa Grunwald
 Leslie Guggenheim
 Hyman Gurman
 Betty Guttmann
 Liane M. Ofenham-Hall and John Hall
 Irene and Stephen Halpern
 Margaret L. Hardy
 Mae J. Hartman
 Craig Headman
 Lotte B. and Kurt H. Heckscher
 Mary and Douglas Heller
 Edith P. Hersch
 Helene Hochheimer
 Sheila Hochman
 Stephen R. Holman
 Margo Horn
 Felicia Hyman
 Charlotte and Jerome Hyman
 Evelyn Hymans
 Leona Inger
 Roselynn and Steve Itelson
 Relda R. Johnson
 Thomas Lovell Johnson
 Ahuva and Emanuel Jolish
 Ruth J. Jonah
 Stephanie A. Jonas
 Margaret Jordan
 Susie Julius
 Suse Justh
 Svetlana and Bob Kaff
 Richard Kahan
 Evelyn R. Kahn
 Ronald Kahn
 Barbara and Donald Kamler
 Rima Kantorov
 Walter Kaplan
 Yuri Kaplun
 Ellen L. Katske

Freda Katz
 Linda Katz
 Golda Kaufman
 Bertha and James Kaufman
 Joan (Inge) Kaufman
 Nancy and Kenneth Kaye
 Ida and Oleg Kipnis
 Helen Landsman and Robert Kirby
 Mikhail Klorin
 Eve Valerie Koch
 Sidney S. Konigsberg
 Elena and Alexander Korot
 Esther and Isadore Korz
 Miriam Koschmieder
 Catherine and James Koshland
 Nadine and Roy Koss
 Alfred P. Krieger
 June T. and Charles H. Krieger
 Arlene and Steve Krieger
 Beatrice and Henry Krivetsky
 Isabelle and Emerich Kun
 Valentina Kuznetsova and
 Viktor Kuznetsov
 Burton Ladensohn


Susan Lambert
 Barbara Jane Land
 Margit Landesmann
 Natalie Lando
 Hedi Langfelder
 Jack Langsam
 Rose Leah Langsam
 Matilda Lasus
 Ann and James Lazarus
 Manya Leibner
 Claire Leibowitz
 Larry M. Letofsky
 Dorothy and Lewis Levin
 Barbara and Morton Levinson
 Rosanne and Alvin Levitt
 Phyllis and Harold Levy
 Jacquelyn Levy
 Raymond Levy
 Helen and Herman Lewin
 Eugenia Liberman
 Fred Liebscher
 Carol Eisenberg and
 Raymond Linkerman
 Sharon Litsky

Sidney Loeb
 Margaret and Ernest Lovinger
 Sarah L. Magid
 Paula and Wayne Magliozzi
 George H. Maisels
 Rosario and Sydney Malkoo
 Lisa and Robert Maloff
 Irving Manis
 Victor L. Marcus
 Anita Markham
 Lillian Markinson
 Gladys and Larry Marks
 Melanie R. Marks
 Albert Martin
 Andrea Wright and David Marzane
 Eleanor and Jerome Mednick
 Diane and Jeremy Merrill
 Carol Michaelis
 Galina and Michael Milgran
 Ann and Arnold Millhauser
 Gusti and Walter Moellerich
 Letitia and Gary Morris
 Roslyn and Mervin Morris
 Ruth Morse



Irving Mutnick
 Anne and Joseph Nadel
 Esther and Henri Nahoum
 Lillie L. and Sidney Navon
 Peter Neubauer
 Jan and Robert Newman
 Jeremiah (Jerry) Nissim
 Beverly Norman
 Vera Osmantseva
 Kent D. Owen
 Doris and Sidney Pearlman
 Sallie Ann and Robert Perliss
 Julius Phillips
 Leighton G. Phillips
 Melvin S. Pincus
 Samuel M. Pincus
 Helen M. Pollack
 Heinz P. Pollak
 Bernice Polonsky
 Roza Polovinchik
 Minna C. Popkins
 Mary and David Rabb
 Stella Rakonitz

Shirley and Mitchell Raskin
 Shirley Reich
 Jan C. Reicher
 Joyce and William Remak
 Jean Resnick
 Hilda Richards
 Janis Riney
 Walter Riney
 Barbara and Saul Rockman
 Samuel Rodetsky
 Rochelle and Jeff Rondinone
 Irwin Roselyn
 Blanche and Charles Rosen
 Sydney Henrietta Rosen
 Ilse and Herbert Rosenbaum
 Gerson Rosenberg
 Sylvia and Louis Rosenberg
 Barbara and Richard Rosenberg
 Gertrude A. Rosenstein
 Augusta Rosenthal
 Betty Rosenthal
 Marjorie Rosenthal
 Barbara and Jack Ross
 Morris A. Rothman
 Niki Rothman
 Lottie Lise Rothschild
 Jules L. Routbort
 Betty Rowney
 Janet and Zev Rubenstein
 Esther Rubin
 Leon Rudee
 Joan Sachs
 John Henry Samter
 George Saxe
 Lillian R. Schachter
 Adrienne and Norman Schlossberg
 Rose S. Schmelzer
 Henrietta Schneider
 Yetta Schneider
 Ruth Schoenberg
 Annette and Harry Schriebman
 Agnes Berenstein Schwartz
 Myrtle and Joel Schwartz
 Katherine Lautz and Sol Schwartz
 Sylvia Selim
 Leah Selix
 Lynne Semi-Ueligitone
 Larry J. Shaw
 Rita Sheidgant
 Lois Shenker
 Marina and Danil Shnaydman
 Barbara Bakar Shupin
 Margaret Munzika and Henry Shweid
 Jordan R. Sills
 Alan Silverman
 Albert E. Silverstein
 Bette A. Simon
 Laurie H. Sizemore
 Leo S. Sloss
 Roberta Agre and Allan Sluizer
 Ernest Smetana
 Florine M. Smith



Roselyn Catz Sommer
Daisy Hansi Sommers
Paul Spitz
Susan and John Stapp
Beverly and Roman Starno
Anne M. Stein
Paul May and Frank Stein
Marlene and Martin Stein
Margot Stern
Nelson Stone
Marianne Strassman
Gladys F. Straus
Lila Stridiron
Greta S. Stuehler
Cora and Samuel Susselman
Selma and Sanford Tandowsky
Sidney Tanner
Mikhail A. Tayts
Richard Toker
Lawrence Tomskey
Betty A. Toole
Bernard Katzmann and Roland Trego
Margo Ucko
Maria and Richard Ury
Alla and Igor Ushomirsky
David Varshavsky
Gertrude G. Vederoff
Edward Veen
Eva Vida
Alla Kaper and Filip Vinengauz
Avram Volfovsky
Dorothy and Paul Wachter
Max O. Wahl
Miriam Wain
Barbara L. Wallerstein
Liselotte N. Weber
Yuko Kuraki and Eric Weichardt
Dana Corvin and Harris Weinberg
Clark Weisman
Betty J. Weiss
Ethel Welch
Lyllian Wendroff
Erna Wertheim
Linda and George Wertheim
Diana Whiteman
Thelma and Irving Wiener
Hazel L. Wise
Michael B. Wise
Antoinette and Morris Wisefield
Geraldine J. Yorkis
Hanna Zanger
Alice J. Zeman
Joan L. Zentner
Alice and Arthur B. Zimmerman
Norma S. Zimmerman
Guenther Zimmermann
Samuel C. Zipkin

GOOD ADVICE ABOUT DOING GOOD

GIFTS THAT AVOID TAXES AND DELAYS

GIVING NOW

1. Do not overlook making the direct gift of appreciated assets such as publicly traded stock. Long-term capital gains tax is eliminated and your adjusted gross income (the base number on which all taxes are computed) is reduced.
2. Are you over 70½ and required to take an annual minimum distribution from your IRA? Rather than receiving that amount directly, give it to charity. Although the rules change annually, Congress frequently allows these distributions to be made without including them in your income. However, there is no “double dip” of an itemized deduction.

GIVING THROUGH YOUR ESTATE PLAN

Updating (or at least reviewing) your will or living trust is always a good idea, and it is a most effective way of making a charitable gift. If your will or trust is current and you wish to add charitable giving to your plan, there may be an alternative. IRAs, other retirement accounts, and life insurance all pass to the beneficiary or beneficiaries you name, regardless of what your will or trust says. Therefore, naming a charity such as the Jewish Home as the beneficiary (or one of the beneficiaries) ensures that the proceeds pass directly at the appropriate time.

For more information about making a gift from wills or trusts and about the Carob Tree Circle, please contact Daniel Hoebeke, senior development and gift planning officer, at 415.406.1434 or dhoebeke@jhsf.org



OUR DONORS

As a nonprofit organization, the Jewish Home of San Francisco relies on community generosity to maintain the high standard of its care, services, and programs. Your contribution helps us provide our residents with the highest quality medical care; nurtures their spiritual needs; and supports our creative arts, excursions and concerts, nutritional services, and lifestyle-enhancing programs.

Contributions to support and promote our provision of Jewish senior living services fuel the heart and soul of our community's promise to honor our mothers, fathers and elders, and responds to one of the basic tenets of Judaism, *tzedakah* or righteous giving.

Each of our residents has their own significant histories, but they have one thing in common: They have reached a time when they need care, which our remarkable staff provides consistently and compassionately, whenever and wherever it is needed.

With your meaningful support, the Jewish Home will continue to be this special place our community has known and trusted for over 144 years. The haven that provides our residents with the best in loving care and the most in human dignity.

Your tax-deductible gift shows how much you care. It is also truly *g'milut chasadim*, an act of loving kindness.

There is no gift too small and every contribution is greatly appreciated.

For information about supporting, please contact Organizational Advancement at 415.406.1107.



ANNUAL FUND

We gratefully recognize the following donors for their generosity in supporting and promoting the provision of Jewish senior living services. Names reflect gifts received from July 1, 2014 through June 30, 2015.

Donors who have one asterisk following their name have given for five years or more; two asterisks denote support for 10 years or more.

PLATINUM CIRCLE \$100,000 – \$999,000

Rickie Ann and Richard Baum**
J. Eugene and Fay Barrett Goldberg
Philanthropic Fund of JCF**
Jewish Community Federation
Annual Campaign**
Jewish Community Federation
Endowment Maimonides Fund**
Jewish Community Federation
Endowment Newhouse Fund**
Beth and Fred Karren**
Bertha F. Kaufman Trust
Arlene and Steve Krieger**
Laura and Gary Lauder*
Estate of Paul May
The Sandler Foundation
– Herbert Sandler*
Ruth Seiler**
The Richard and
Maria Ury Family Trust

HOPE CIRCLE \$25,000 – \$99,999

Jennifer and Jason Sills**,
Abra and Jordan Sills**,
Joan and Charles Davis**
Bonnie and Wesley Fastiff**
Phyllis K. Friedman**
Friend Family Foundation
– Janie and Donald Friend**
– Michelle and Robert Friend**
Joyce and Mark Gall*
Lisa & Douglas Goldman Fund
– Lisa and Douglas Goldman**
Karen and Brian Perlman*
The Remak Trust

BUILDERS CIRCLE \$10,000 – \$24,999

Susan and Sigmund Anderman*
Estate of Herman and Ann Burger
Harry Erlich**
Carol Mondry and Howard F. Fine
Heinz Frankenstein**

Paulette J. Meyer and
David A. Friedman**
Ann Garfield*
Hellman Foundation – Chris Hellman*
Natalie Lando Trust
Fred M. Levin and Nancy Livingston,
The Shenson Foundation
*In memory of Ben and
A. Jess Shenson***
Alexander M. & June L. Maisin
Foundation of JCFEF**
Hilda Namn**
Jan and Robert Newman**
Lynne Frank Page and Ron Page**
Ruth Ann Rosenberg**
Ken F. and Hilda M. Royce
Fund of JCEF
– Rosanne and Alvin Levitt**
Ester S. Rubin Living Trust
Fern and Daniel Ruth**
Eleanor Sade**
Paula and Greta Sholachman
Henry Shweid and
Margaret Munzika Shweid Trust**
Lawrence Tomsky
Endowment Fund of JCFEF
Wallis Foundation**
Lawrence Weissberg Foundation*
Wells Fargo Community
Support Campaign**
Jean G. Zemel**
Anonymous (1)

PRESIDENTS CIRCLE \$5,000 – \$9,999

Katherine Browning** &
Patty and Benjamin Anixter**
Carol and S. Richard Shostak &
Elaine and Neil Blumenthal**
Carlsen Family Trust
Adele Corvin**
Lisa and Kevin Cullinane*
Eco Sound Medical Services*
Shirley and Ben Eisler**
Helen and Steven Feinberg**
Suzanne M. Lewis-Frankl and
Andrew M. Frankl
Judy Tick and Steven Ganz**

GIVING CIRCLES

PLATINUM CIRCLE	\$100,000 – \$999,999
HOPE CIRCLE	\$25,000 – \$99,999
BUILDERS CIRCLE	\$10,000 – \$24,999
PRESIDENTS CIRCLE	\$5,000 – \$9,999
GOLD CIRCLE	\$2,500 – \$4,999
SILVER CIRCLE	\$1,000 – \$2,499
HONOR CIRCLE	\$500 – \$999
MITZVAH CIRCLE	\$100 – \$499
CHAI CIRCLE	\$1 – \$99

Miriam and Arthur Gauss**
John and Marcia
Goldman Foundation
– Marcia and John Goldman**
Estate of William Green
Family of Henry Greenspan
Rochelle Alpert and
Steven Greenwald**
Marlene and Samuel Halperin**
Frances and William Isackson**
Jewish Community Federation and
Endowment Fund
Senior Excursion Fund*
Susie Julius**
Barbara and Ronald Kaufman**
Sherie Koshover**
Kurland Family Foundation
– Carol Nusinow-Kurland and
Duff Kurland*
Naomi B. Levinson**
The Lipton-Mashbein Family Trust*
Amber and David Lowi
Victor L. Marcus Trust*
Gladys Monroy and Larry Marks**
Moss Adams, LLP
Marcia Packlick and Jack Munson
Carol S. Roberts**
Dorothy Saxe**
Ida E. Schwartz**
Ann and Henry Shain**
LaVerne and Alan Silverman**
Sinai Memorial Chapel**
Diane Olmstead and
Matthew Slepkin**
Anne and David Steirman**
Telecare Corporation
Henry Weil**
Kathy and Donald Williams**
Herb Wiltsek**
Anita and Ronald Wornick**

GOLD CIRCLE \$2,500 – \$4,999

Elana Lieberman and
Lorne Abramson**
Ankrom Moisan Architects
Barbary Coast Consulting, LLC

BiRite Foodservice Distributors**
Cain Brothers*
Center for Car Donations, LLC*
The Deborah and Joseph
Chait Family**
Julian Davis Lectureship Fund of
Mount Zion Health Fund
– Dr. Claire T. Davis and
Dr. James A. Davis**
Jessica and Michael Eisler*
Patricia and Paul Epp**
Debra L. Estrin**
Eileen and Shabatai Evan
Rebecca Arons and Eric B. Fastiff**
Harriet Friedman**
G2 Insurance Services, LLC
Family of Daniel M. Geller**
Joanne and Stanford Green**
Hanson Bridgett, LLP*
Interface Engineering
Linda and Dr. Thomas Kalinowski*
Richard and Emily Levin Foundation*
Marlene and Fred Levinson**
Lucille and Henry Libicki**
Manatt, Phelps & Phillips, LLP*
Rabbis Janet and Sheldon Marder**
Maria D. Martinez*
Juel Morris**
Susan and Kenneth Moses**
Partners in Senior Life
Bonnie and Don Pearlman**
Linda and Edward Plant**
Peter A. Pollat, M.D.**
Rab-Com Limited**
Anne and Martin Roher**
Laurie Isenberg and Joel I. Roos
Judith Rodman and Paul Rosenthal
Roberta Agre and Allan Sluizer**
Roberta J. Silverstein and
Stephen M. Sperber**
Sandra and Ed Stein*
Kristina Rizga and Michael Stern
Barbara and David Thomson
Marsha and David Veit
Lynne Knight and Michael H. Weiss
Anonymous (1)

WAYS OF GIVING

TREE OF LIFE

The Tree of Life is a striking wooden sculpture that hangs prominently in the Jewish Home. Each leaf on the tree bears an inscription as a tribute or memorial to a loved one. Leaves may be purchased for a **\$1,200** gift to the Home.

SILVER CIRCLE \$1,000 – \$2,499

Liki and Joseph Abrams**
Martha and Michael Adler**
Patricia and Ronald Adler**
Angelica Corporation
Svetlana and Marcus Auerbuch
Patricia Axelrod**
Bank of America Matching Gifts
Patricia and Stephen Barulich**
Joan C. Benjamin**
Lorin Bergman
Rimma Vainstein and Pavel Berkhin*
Leslie and Stephen Bernstein
Karen and Melvyn Bert
Kathy Burkle
Cahill Contractors, Inc.*
Cannon Constructors North, Inc.*
Galina and Alexander Capelson**
Roberta and Lawrence Cohn
Cole Supply Co., Inc.
Tana and Keith Davis**
Law Offices of Sue Diamond, P.C.*
Sandra and Edwin Epstein**
Joyce and Stanley Ettinger**
Sheila and Milton Fine
Muriel and Clyde Fox**
Diane and George Frankenstein**
Alya Gendelman
Malin Giddings
Michael Goldstein*
Olivia and Carl Goldstone**
Robert L. Greenberg**
Dr. and Mrs. Gabriel Gregoratos*
Marsha and Ralph Guggenheim*
Steve Hallgrimson
Dorothy Harkavy**
Ed J. Harlem**
Yelena Zhavoronkova and Boris Iossel
Roan N. Iscoff**
Iscoff-Ofenham Fund of JCFEF**
Shirley and Paul Kadden**
Vicki and Scott Kahn**
Sara J. Liss-Katz and Jeremy W. Katz*
Michael Landauer
Warren G. Lefort**
The Levin Family Charitable Fund
Albert Levine
Leslie Lind
Littler Mendelson Foundation, Inc.**
Local Independent Charities**
Allen Lombardi
Abraham Malaster
Deborah E. Mann
Eileen and Mike Marchasin**
Melanie R. Marks**
Marilyn Martini
Lisa and Rob McCann
Medline Industries, Inc.
Marilyn Meltzer*
Joseph Nadel**
NCP College of Nursing*

Peter Neubauer**
June K. Neuhaus
Ron Olander
Lois and Fred Pavlow**
PG&E Corporation Campaign
for the Community**
Public Financial Management, Inc.
Eli and Mae Rosen Foundation, Inc.**
Ellen A. Ullman and Elliot Ross
Barbara and John Rosston**
Janet and Zev Rubenstein**
Tobi and Mark Rubin*
Nadia Ruimy
Monroe I. Sainberg
Security Public Storage*
Robyn and Mark Setzen*
Madeline R. Mendelsohn and
Steven H. Shakin**
Jerry Shapiro**
Yelena and Leon Shapiro
Judith and Leonard Shaw**
Anchel and Alex Sheyner
Irina Feldman and Izrail Sheynkman
Dana L. Wedel and Jeffrey R. Spirm**
St. Ignatius College Preparatory
The Toole Fund at Community
Foundation Santa Cruz County
Zhanna Vishnevskaya and
Paul Tovbin
Carol and Norman Traeger
Vaco San Francisco
Jayne and Isidore Warman**
Stephanie and Elliott Warshauer**
Gertrude Warshaw
Nina Weil**
Lydia Selim-Wempe and
James Wempe**
The Herman Wertheim and
Erna Wertheim Trust
Mila and Larry Wichter*
Benjamin Winslow
Denise and Joseph Ziony**
Alya and Max Zolotarev*
Jean and Richard Zukin**
Anonymous (7)

HONOR CIRCLE \$500 – \$999

David A. Agger
Andi and David Arrick**
The Kenneth S. Baron Family**
Joyce and Joseph Behar**
Gerry B. Belling**
The Benevity Community
Impact Fund
Jane and Douglas Berl*
Anne Cahn**
Karen Robson and Bernard Druck
Robin and Leonard Eber
Marcia and Alexander Eisner*
Jason Erdahl
Dianne G. Estrin**

Ann Swidler and Claude Fischer*
Doris Flamm**
Max Frank and Luba (Lilli) Frank Trust
Mark Friedlander
Bernice S. Frucht**
Barbara and D. Peter Gleichenhaus
Ruth and James Glick**
Amy Sukhov and Charles Goldstein*
Steve Gomberg*
Wendy and Robert Grossman**
Laura and Felix Gulman
Jeanette and Harold Guthart
Barbara and Gary Haber**
Henry O. Haertel**
Margaret L. Hardy**
Barry P. Helft**
Fannie Henry
Daniel Hoebeke*
Roz and Steve Itelson**
Valerie and Thierry Jahan**
Regina Karson*
Sharon and Irwin Kasser**
Kendra and Thomas Kasten**
Vicki and Paul Klapper**
Terry Kraus**
Alice and Dennis Krieger**
Mark Hunter and Kevin Krueger
Susan and Charlie Lakatos
Bobbie and Ken Lebovitz**
Mo Ling Lee
William M. Levin**
Donn S. Levine*
John L. Levinsohn
Lexus of Serramonte**
Judith Lipsett*
Alexandr Makievsky
Susan and Jay Mall**
Peggy and Ron Marinoff**
Jeff McKnight
Denise and Erik Migdail**
Judith and Walter Miller**
Marina Nasilevich*
Jon Nichols
Sandy M. Oberstein**
Kent D. Owen**
Lawrence E. Pelzner**
Fira Pinchasik
Linda and Michael Podolsky**
Mary A. and Patric T. Powell**
Raisa Rashkovskaya and
Vadim Rashkovskiy*
Jan C. Reicher*
Robert Reicher*
Donna Riback
Christine and Timothy Ritchie
Pam Rolph*
Gerald B. Rosenstein**
Jeanette Rude**
Sue and Chris Saso*
Susan Stark and Gerald H. Scher**
Mark Schulman
Sylvia Selim**



Gennady Shapiro
 Jack Shemano
 Marga Dusedau and David Sklar**
 Vivian R. Solomon**
 Vera and Harold Stein**
 Marilyn and William Sugar**
 Roselyne C. Swig**
 Carol and Robert Tessler
 Jay Thomson
 Tamara and Andrei Vassiliev*
 Barbara and Robert Voss**
 Arlene Waksberg**
 Marc Wilde
 Emily and Kinson Wong
 Dr. and Mrs. Bennett G. Zier**
 Lydia and David Zinn*
 Anonymous (5)

MITZVAH CIRCLE \$100 – \$499

Marc Abelson
 Ellen Abraham
 Irene Abrams
 Doi and Thomas Adams**
 Karen and Kenneth Adelson*
 Marcia and James Allegretti*
 Ruth J. Allen**
 Alla Alperin
 Donna and Arthur Anderson*
 Barbra and Jay Applebaum
 Barbara and Thomas Archibald*
 Cheryl and Robert Arenson**
 Joanne and Bernard Arfin**
 James Armistead*
 Susan Aronovsky*
 Robert H. Arrick
 Kristie Arslan
 Roma M. Auerback**
 Olga Kashlinskaya and
 Yevgeniy Babichev**
 Barbara and Jerold Babin
 Marilyn Bair
 Edna Baldonado
 Arkady Balter
 Dale Rabinov and Adelbart Banks
 Zita Bar**
 Bob Barcewski
 Darla and Richard Bastoni**
 Rosyland and Robert Bauer**
 Sandy Baxter
 Ellin and David Becker
 Kate and Dale Benner
 Roberta and Fletcher Benton
 Allan Berenstein**
 Helle and David Berger*
 Frances R. Berger**
 Janice and Dennis Berkowitz**
 Amy Wollman and Gerald Berkowitz*
 Laine Berning
 Suzanne Berns**
 Joanne and Alex Bernstein*

Diane and Jeffry Bernstein**
 Arlene and Philip Bernstein**
 Joan E. Berry**
 Robert Binder*
 Faye E. Blatt*
 Sandra H. Bley
 Judy and Jordan Bloom*
 Elton J. Blum*
 Nancy and Joseph Blum*
 Gayle and Michael Blum**
 Catherine Blumberg**
 Isabel and Peter Blumberg*
 Marion and Robert Blumberg*
 Maureen and Joseph Blumenthal**
 Tatyana and Yakov Bobrov
 Helen and Arthur Bobrove
 Irina Borshchevskaya**
 Nancy and Howard Bott
 Daphne W. Bransten
 Arthur M. Bree**
 Ruth Brodie*
 Janet and Micah Broude*
 Phyllis S. Brown**
 Diane Brusco*
 Harold Bucholtz*
 Vicki and Wayne Buder**
 Carol Buffett
 Beverly R. Buller**
 Donna De Santis Buoymaster
 Dr. and Mrs. Sandor Burstein
 Karen and Steven Busch**
 Libi Cape
 Naomi and Jeffrey Caspe
 Helen and Donald Cherry**
 Roger Christensen
 William S. Clark
 Beatrice and Joel Cohen
 Lorry T. Cole**
 Edna and Edwin Colloff**
 Thelma Colvin**
 Sandy and Jeff Cressman
 Sandra and Brian Cruz**
 Susan and David Dambrau
 Helaine Darling*
 Amy and Scott Darling**
 Gwen Davis-Toso**
 Ruth and Bernard De Hovitz**
 Myrna and Donald DeFriese**
 Jobyna and John Dellar**
 Marian H. Sagan and
 Donato A. D'Esopo
 David L. Diller**
 Paul Donaldson
 Julie Friend and Philip Dreyfus*
 Joanne and Donald Druyanoff**
 Jane and James Dubuque*
 Jacqueline Haveman and
 Nathan Dwirj**
 Judith Edelson**
 Diane and Bill Ehrlich**
 Joan Eichler
 Audrey G. Eichorn
 Elizabeth and Emil Eisenhardt



WAYS OF GIVING

MULTIPLY THE IMPACT OF YOUR GIFT

Many companies match charitable contributions made by their employees or employees' spouses/partners. Matching programs can double – sometimes even triple – the value of your gift.



Maria Eisman**
 Nicole Elliott
 Benjamin Encisco**
 Mrs. Irving Epstein**
 Tamara and Vladimir Etalis
 Dana and Jerry Evans*
 Lynne F. Feldsher**
 Judith and Fred Fiedler**
 Daniel Fink*
 Susan and Allen Fischer**
 Jane and Glenn Fisher*
 Mary S. Fisher**
 Bella and Ilya Fishman*
 Carol and Phil Flax**
 Marty Fleisher
 Mariana and Semen Flyash**
 Cristina Foti
 Jane Fowler
 Uri Freeland
 Janet and Sigmund Freeman**
 Eva and Stephen Freeman*
 Myrna and Morry Fried
 Joanne and Bruce Friedman
 Faega Friedman
 Betsy and Michael Friedman
 Cynthia Krieger and
 Stuart Friedman**
 Alberta Fross**
 FTV Management Company, LP
 Polina and Eugene Fukshansky
 Florine and John Galen**
 Gwen and Martin Gans**
 The Sadye Garfinkel Fund
 Frances Gensberg
 Eve M. Bernstein and
 Alex Gersznowicz**
 Vadim Gertsvolf**
 David Giansiracusa, M.D.
 Marion and Irwin Gibbs**
 Elaine and Barry Gilbert**
 Louise A. Stirpe-Gill and James Gill*
 Laura and Alexander Givental
 Marsha and Stanton Glantz**
 Gloria Goldberg
 Jean and Milton Goldberg**
 Miriam Goldberg
 Gerda and Roger Goldberg**
 Irina Estrina and Steve H. Goldberg*
 Sandee Blechman and
 Steven H. Goldberg
 Adel Goldenberg*
 Suzanne and Lawrence Goldsmith**
 Estelle and Bernie Goldstein*
 Leslie and Jay Goldstein
 Jeanette and Isaac Goodman
 Elaine and Kieve Goodstein**
 Doris B. Gorelick*
 Galina and Ilya Gorodetsky**
 Sandy Gravitch*
 LaNell Greenberg
 Nancy Greenberg**
 Marshall A. Greene, M.D.*
 Mel Greenwood**

Judy and Gary Grossman**
 Sandra and Philip Grubstick**
 Lyudmila and Moisey Gruzman**
 Lottie Gutterman**
 Nancy and Merrill Haber
 Minnette Hamerslag
 Caryn and Ian Harris
 Judith and Jerrol Harris**
 Marcia and Bill Hastings**
 Barbara S. Heil**
 Alfred E. Heller*
 Thomas R. Heller
 Mina Hendricks**
 Abraham Henselyn**
 Susan and Bruce Herman
 Carol B. Hicks**
 Elaine A. Hilp**
 Carol Hoffman*
 Janet M. Holland
 Arlene and Jonathan Horowitz**
 Lourdes and Horace Hurst
 Sonny and Stephen Hurst**
 Elizabeth MacDonald and
 Allan B. Jacobs**
 Marsha M. Jacobs**
 Arlene S. Goldstine & Sylvia and
 Louis Jennis**
 Scott Johnson
 Marilyn Kallins and Timothy Johnson*
 Adrienne H. Jonas**
 Andrea G. Julian
 Emma Kahn**
 Kaiser Permanente Community
 Giving Matching Gift Campaign
 Barbara and Howard Kalt
 Bobbie and Don Kamler**
 Karl Karlton
 Leslie Karren
 Susan Kahn and David H. Kaskowitz**
 Elizabeth and Brian Katcher**
 Helga and Jack Katz*
 Martin Katz*
 Roland Trego and
 Bernard Katzmann**
 Susan and Gene Kaufman**
 June and Jeffrey Kaufman**
 John L. Kay**
 Barbara Keeley
 Alina Kerson*
 Mark Kesel*
 Emil Kesler
 Deborah and Robert Kessler**
 Sara Keyak**
 Ruslan Kholyavkin
 Elinore and Carl Kinczel
 Tony Kinman
 Susan Garfield and Joe Kirkup*
 Emil Knopf*
 Jacob Koff**
 Ernest Kohn**
 Betty and Marvin Kolotkin**
 Charlene and S. Sanford Kornblum
 Sara Koshover**

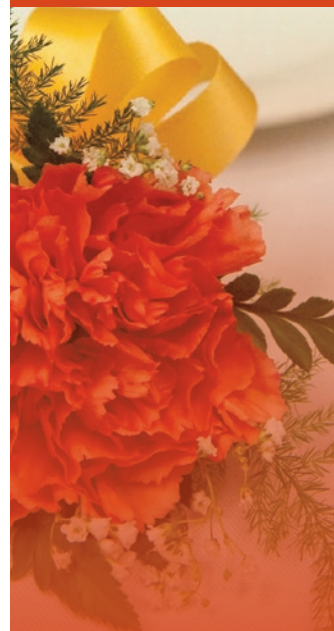
Nadine Koss*
 Beth Krackov
 Patricia L. Krigel
 Anna Seletsky and Vladimir Krutenev*
 Valentina Kuznetsova and
 Viktor Kuznetsov*
 Yevgenia Kuznetsova
 L.A. Foods, Inc.
 Ladar Family
 Yelena and Boris Landa*
 Michael Landa
 Marcia Lazer*
 Sherry and Thomas Lazore**
 Thea and Samuel Leavitt**
 Dorothy Ledford
 Helen Lee
 Albert Lefcourt
 Tillie Leibel**
 Arlene and Paul Leiber**
 Jack Leibman**
 Lisa Metzger and Steven Leibovitz**
 Claire Elaine Leibowitz**
 Lorraine Lerman and Clyde Leland*
 Marily and Mark Lerner*
 Regina and Boris Letuchy*
 Feralee and Charles Levin**
 Gary M. Levin*
 Joseph Levin
 Jerry A. Levine**
 Deborah and Steven Levine*
 Jane G. Levinsohn
 Maria and Allan Levy**
 Jacquelyn Levy*
 Raymond Levy Trust
 Leslie and Robert Levy
 Marion Lewenstein**
 Meryl J. Lewin**
 Elaine and David Lewis
 Dorian and Steve Lewis
 Greta Liebman**
 Alice and Elliot Liff*
 Angelika and Vladimir Lifshits
 Carol Eisenberg and
 Raymond Linkerman**
 Gidal Lirtsman
 Joannie C. Liss*
 Joan E. Lissauer*
 Ellen and James Liston*
 Marcus Loorya**
 Dennis A. Lubitz and Paul J. Lubitz**
 Helen S. Luey*
 Caroline and Brian Lurie
 Mark Maletz
 Rosario and Sydney Malkoo**
 Malta & Co., Inc.
 Philomena and Richard Mangan
 Marlene and Robert Mann
 Barbara Mannheim
 Leila and Alan Marcus*
 Joelle and Martin Margolis
 Irina and Valery Martynov*
 Ann R. Mason
 Steve Masover**



WAYS OF GIVING

SPONSORING BIRTHDAY CELEBRATIONS

With a contribution of **\$613**, you can support this joyous event and ensure that our residents – the people who are dear to all of us – celebrate their special days in style. As the birthday sponsor, you are also honored, receiving eight invitations so that your family and friends may attend to celebrate with the residents. There is live music, some dancing and, of course, joining in the singing of "Happy Birthday."



Katherine and Michael Matthay
 Alla Matveyeva and Sergey Matveyev
 Marsha and Robert Mayer*
 Daniel McGivern
 Karen and Chris Mead**
 Marcia Meister**
 Mrs. Michael G. Melvin**
 Esther H. Menes
 Inna and Leonid Mezhvinsky
 Roberta and Spencer Michels*
 Eleanor and Howard Miller**
 Lewis D. Miller**
 Peter W. Miller
 Michael L. Milstein*
 Shirley Miner
 Jeanette Moan
 Phyllis Moldaw
 Cynthia Morris
 Susan Morris**
 Rabbi Amy L. Morrison
 Marni Moses
 Josie Mosk**
 Milton J. Mosk**
 Milton Moskowitz**
 Fortune and Joseph Moussa*
 Mary Murray
 Alla Makievsky and
 Michael Myslovaty**
 Agnes Nagaya
 Mavis Nathan**
 Ellen Newman**
 Yemil R. Niemi*
 Alice Y. Ninomiya
 Daphna and Samuel Noily*
 Gayle and Allen Notowitz**
 Bella Nudelman
 Miriam Ofer**
 Carol and Jerry Okeson
 Brenda Oliver*
 Anita and Ingram Olkin**
 Arnona Oren
 Orthopaedic & Neurological
 Rehabilitation, Inc.
 Bela Ostrovskaya
 Joseph M. Ostrow**
 Pam and Larry Pace
 Pacific Auxiliary Fire Alarm Co.*
 Judy and Gary Pasquinelli**
 Elizabeth and Stuart Patt**
 Luda B. Shuster and Tom L. Pencek**
 Douglas Perry
 Susan and David Philips*
 Lynne and Russell Pierce*
 Yuriy Pilipovskiy
 Shirley and Jim Pinfold**
 Sandra and Lloyd Plafker**
 Gerry Podolsky**
 Inna and Yuri Polissky
 Pollack Family
 Heinz P. Pollak**
 Marie and Steven Pollak
 Ellen J. Meltzer and George Porter
 Dorothy and Jerome Porter →

Selma Potter
 Klavdya Prepelitsky
 Shulamith and Boris Rabinovich**
 Alex Radomyselsky
 Eva and Leon Rajninger**
 Paul Rasmussen*
 Patricia Ravitch
 Lois and Julian Rhine**
 Lila and Neville Rich**
 Joyce and Gary Rifkind*
 Rick Rogoway
 Joseph Roisman
 Diane and Joe Rolfe
 Linda and Edward Rosen
 Melba and Guy Rosen**
 Beverly Rosenberg*
 Sue and Ed Rosenberg**
 Barbara and Richard Rosenberg**
 Dorothy Rosenthal**
 Anne and Fred Rosenthal
 Lisa and Mark Rosenthal**
 Sheila Ross*
 Lois and Arthur Roth**
 Susan and Alan Rothenberg**
 Renee and William Rothmann
 Ella Rozman
 Toby and Robert Rubin
 Fred Rudow**
 Eugenia Romanovsky and
 Sergei Rutenberg
 Chloe and Kyle Ruth-Islas
 Gertrude and Gerald Samuel**
 Robert W. Samuel
 Robert M. Savasky**
 Carol and Tom Sawyer
 David Saxe
 Marvin Schick
 Marjorie and Larry Schlenoff*
 Renee and Howard Schlesinger**
 Priscilla B. Schlesinger**
 Adrienne and Norman Schlossberg**
 Lorin and Barry Schneider**
 Martha and David Schurman*
 Inge Schwartz**
 Barbara and Robert Schwartz*
 Cathy Ann and Terrence Scott
 Reva and John Segall**
 Marcyl and Seymour Seidscher*
 Alane and Jeffrey Seife**
 Gaye and Stuart Seiler**
 Lynne Semi-Ueligitone**
 Ilana Glaun and Saumitra SenGupta*
 Irina Goldman and Yakov Serebreny
 Laurie and Edward Shaffer
 Peggy and Ronald Shapera
 Constance and James Shapiro
 Marion H. Shapiro*
 Zina Shapiro
 Larry J. Shaw**
 Boris Shekhter
 Julie and Gary Shemano
 Lois Shenker*



WAYS OF GIVING

TRIBUTES TO FRIENDS AND FAMILY

Those who wish to honor an important occasion or the memory of a loved one are invited to use the Jewish Home's tribute card service. The Home sends a beautiful card, created from art produced by our residents, to the individual who should know of your generosity and caring. With a \$100 donation or more, the loved one's and the donor's names are inscribed in the Home's Tribute Book.



Ernie Sherne*
 Sari and Franklin Shifrin**
 Alla and Leonid Shikhman
 Marina and Danil Shnaydman*
 Lia and Arkady Shusterman**
 Sharon and Leonard Silverman**
 Joanie Silverstein*
 Joan and Jack Simon*
 C. John Skeer
 Marilee Morris and David Skolnick**
 Irina Feldman and Sergey Skoretzky**
 Rolly L. Slatt**
 Svetlana and Alexey Smilovitsky
 Susan R. Katz Snyder**
 Valery D. Sokolovskii**
 James Solomon
 Judith and Gabor Somorjai*
 Eldon and Joseph Sozzi**
 Betty and Robert Spiegelman
 Bonnie and Louis Spiesberger**
 Brian H. Spigelman**
 Ella and Luke Spitkovsky**
 Doris and Bill Spitzig**
 Dr. and Mrs. Samuel Spivack*
 Mila and Val Stadlin
 Anita Steinacher**
 Jacqueline and Norman Steiner**
 Ruth S. Steiner**
 Joyce and Robert Steinfeld
 June E. Rubin and David Stern**
 Joan C. Stern**
 Dolores Stone*
 Nelson Stone*
 Marianne Strassman**
 Eileen and Jeffrey Straus*
 Karen O'Rourke and David Suchoff
 Sherri and Charles Sugarman**
 Leah Swiler**
 Jane Swinerton
 Wendy Strimling and Andrew Szasz
 Zinaida and Aleksandr Talis
 Frayda Taskar
 Abigail Teisch*
 Ida Baldonado and Glen Teshima
 Stephanie and Stanley Tick
 Rosalind and Greg Tolson**
 Jon Tolson**
 Betty and Larry Tomsic
 Truist*
 Aline Usim*
 Lilya and Gregory Vaisman**
 Lubov Valetsky
 Arkadi Vayntrub
 Eugene Veklerov*
 Ruth J. Veprin**
 Alla Kaper and Filip Vinengauz**
 Eugene Vodkin*
 Natalya Volovik
 Sally and Eugene Dennis Vrana**
 Dorothy and Paul Wachter**
 Louise Walter
 Adrienne and Dave Weil

Joyce and Norman Weil**
 Barbara and Matthew Weinberg**
 Stephen E. Weiner**
 Elayne Weinhoff*
 Clark Weisman**
 Faina and Ilya Weisman
 Betty J. Weiss**
 Lydia and Neil Weiss**
 Jan Herr and Elihu Welber**
 Wells Fargo Bank
 Betty Ann W. Wexler**
 Sibylle Whittam
 Loni Wilk**
 Ronald Wilk*
 Luanne and Glen Williard
 Marcia Epstein Wilson and
 Donald Wilson**
 Barbara and Norman Winnerman**
 Marya and Bruce Wintroub*
 Phyllis Wolf
 Robert Wolfe**
 Alan Wolfes*
 Sue and Richard Wollack
 Women Impacting Public Policy
 John L. Wood
 Lester Yagoda*
 Tamara and Vladimir Yagolnitsker*
 Yevgeniya Sosnitskaya and
 Gennediy Yankovskiy
 YourCause/Electronic Arts Outreach
 Beverly and Donald Zeman**
 Zephyr Real Estate
 Mary and Harold Zlot**
 Vivian and Marvin Zukor*
 Lore A. Zutraun**
 Anonymous (10)

CHAI CIRCLE \$1 – \$99

Deborah Ben-Eliezer and
 Noor Adabachi*
 Helen M. Adler**
 Maureen Adler**
 Barbara Alexander
 Susan and Donald Allen*
 Eric Weiss and Dan Alpert
 Floie Ambrunn
 Ruth Andersen**
 Barbara and Gerald August**
 Darlene E. Gall and William Austin*
 Tatyana and Alexander Bagerman**
 Ruth Barnett
 Jane and Hugo Beckerman**
 Hagar Ben-Eliezer*
 Vivian and Bernard Benn*
 Carol and Kay Benz
 Lyubov Serebryanaya and
 Vladimir Berdichevskiy**
 Rose and Gary Bigus**
 Paul and Kathy Bissinger**
 Nadezhda Boyko

Margot E. Braun**
 Selma Braverman**
 Vera and Felix Braynin*
 Ardis and Alfred Breslauer**
 Jeanette E. Bronstein**
 Christina Braun and Jeffrey I. Brown
 Cecilia Bulosan
 Carol and Frank Buonagurio**
 Lottie and Henry Burger**
 Linda and Tom Burns
 Susan Cable**
 Joanne Canvasser
 Irving D. Caplan
 Shelly Caplan
 Thomas Caswell
 Charles Schwab Foundation
 Matching Gift Program*
 Faina Cherner
 Mr. and Mrs. Stanley Cleaner**
 Rose and Melvin Cohen**
 Suzanne Ducat and Stanley Cohen**
 Carol and Daniel Coles
 Suzanne and Andrew Colvin
 Elaine Conley
 Susan and George Cook
 Joseph Crivello
 Edie Culinier
 Enid Dake
 Lois DeCastro*
 Yetta and Thomas Dehart**
 Paul M. Diller**
 Robin and Rick Dissen
 Janet Dolinsky
 Harriet and Jerome Dorf
 Inessa and Mikhail Drabkin
 Madeline and John Drocco
 Shannon and Grant Edelstone**
 Carol Ehrlich
 Barbara and Robert Engel
 Nancy Epstein*
 Diane and William Erlanger
 Allan H. Falk
 Anne and Richard Faye
 Susan and Barry Feinberg
 Regina Babich and Mikhail Felberg
 Trude and Don Fineman**
 Rebekah L. Finer
 Rigina and Aleksandr Fishkin*
 Beverly B. Flaum*
 Catherine and George Fomin*
 Leatrice and John Ford**
 Marci B. Fox
 Joan and Michael Fox
 Susan Fox
 Harriet and Lawrence Fried**
 Lois Fried**
 Sylvia Friedland**
 Darrell Friedman
 Anna and Joseph Galanter**
 Janet Garcia
 Mariya Dukhovny and Volf Glikfeld
 Doris and Harry Gluckman

Frederica and Frank Gold**
 Ralph Golden
 Mary and Paul Goldrath*
 Enid and Ron Goodman**
 Sally and Gilbert Gradinger**
 Sally and Ron Grassi*
 Arlene and Stephen Greenberg*
 Sherrie Groshong
 Jennie Guilfoyle
 Sofya Mikhalevich and
 Boris Gurevich
 Francine Hament*
 Laine and Ronald Harris
 Ruth Haynes
 Gayle and Josef Helwani*
 Ellie and John Hessel
 Anita R. Heyman**
 Laura and Oscar Hollander
 Renee R. Holzman
 Roberta Horowitz*
 James S. Hurwitz**
 Ilya Izrailevsky
 Lois Jamart*
 Joy and Peter Jamgochian
 William Jeung
 Gerardo Joffe**
 Mary and Anatoly Kaplan**
 Pamela and Daniel Kasoff
 Dorrit Kay
 Thomas R. Kenney
 Renee and James Kent*
 Sandra and Jacques Kerrest**
 Philip C. S. Kim
 Lynne and Stephen Kinsey
 Hilda W. Kline**
 Mikhail Kliorin**
 Jane and John Knox
 Heinz Kochman**
 Loretta Koff
 Ida Kostovetskaya
 Zandra C. Krischer*
 Beatrice R. Krivetsky**
 Millie Kushman*
 Robin Kvietys*
 Sheila Langmaid
 Julie and Cary Latimer**
 Barbara S. Leopold**
 Levi Strauss Foundation
 Matching Gift Program**
 Ruby Levin**
 Sheppard M. Levine**
 Marilyn and Michael Levy*
 Joyce F. Lewbin**
 Brigitte Lewin*
 Helen and Herman Lewin**
 Galina Malanina and
 Yefim Leyzerzon*
 Martin S. Lindauer*
 Shiela R. Lipstein**
 Yelizaveta Livshits
 Suzy Locke
 Michael Lorincz*
 Marjory Luxenberg*

Lonnie J. Zwerin and Frank Mainzer
 Marion and Morton Malkofsky**
 Clarice Manber**
 Gregory S. Mand**
 Liliya and Vladimir Matt*
 Barbara and Tom McCarthy**
 Toinette and Victor Menashe
 Sandra and Burton Meyer
 Trude Meyer**
 Barbara and Bernard Meyers**
 Zelda and Allan Miller
 Cheryl Miller
 Lorraine B. Miller
 Aleksandra Zarmanyan and
 Isaak Milshteyn*
 Bessie Mintz**
 Pamela Mittel**
 Linda Mogel
 Diane Moloney
 Aaron Monsky**
 Elaine Morgan**
 Isabel Munoz-Nora
 Dennis T. Murphy
 Diana H. Naparst*
 Constance and Daniel Neustein**
 Connie and Sam Newman**
 Marlen Neymark*
 Mary Olsen
 Gerald A. Ornstein**
 Ellen and Scott Page**
 Florence and Owen Pallakoff**
 Adele and Robley Passalacqua**
 Leonard Paul**
 PayPal Giving Fund
 Judith and Gerald Pelzner**
 Valeria Perlova*
 Linda and Kenneth Peterson
 Trude B. Plack*
 Harriet Prenszy and
 William Pomeranz
 Margaret and Jack Prost
 Harriett M. Quarre
 Bella and Isaak Rabinovich*
 Gregory Rabkin
 Sheila and Melvyn Reitman**
 Joseph Rosen
 Ilse Rosenbaum**
 Eve and Alan Rosenfeld
 Catherine and Fred Ross-Perry
 Fonda Rothblatt**
 Ann M. Rovere*
 Sura Rubalskaya**
 Nancy Rubin
 Ellen and Harry Rubinchik**
 Yelizaveta and Ilya Rubinshteyn
 Edith Sadewitz**
 Laura Salzman**
 Charlotte Scheier**
 Bella Shamovsky*
 Barbara and Dolph Shapiro*
 Frieda Shapiro**
 Felice and Russell Shatz
 Rita Sheidgant**

Bella Oxman and Eugene Shender**
 Faina and Mark Shvartsman
 Maxine Sigel**
 Roni Silverberg*
 Naomi Silverstein**
 Suzanne Silverstein**
 Janet Rogers and Lawrence J. Simi
 Klavdia and Ervin Skoretzky**
 Svetlana and Mikhail Slavutskiy*
 Janet Sluizer*
 Maynard Small
 Sarah L. Small
 Philip Smaller*
 Gayle and Bruce Snyder
 Jennifer and Michael Snyder
 Vladimir Solovey
 Nancy Somers
 Brian Sonet*
 Phyllis Spandorf
 Arlene and Bud Steinberg**
 Miriam E. Suslow**
 Svetlana Sviridova*
 Sara and Donald Sweet**
 Betty and Victor Szeinbaum**
 Rochelle and Sander Taboh*
 Carol S. Tannenwald**
 Ketty and John Taylor*
 Marian H. Tessler**
 Joanne Tick**
 Fred Trapkin
 Ida and Arnold Tsikerman**
 Cyril S. Tukeman**
 Sharon J. Udkoff**
 United Airlines
 Employee Giving Campaign**
 United Way of Central New Mexico
 Donna Vessels
 Leni and Rolf Weil*
 Lauren Weinberg
 Lora Weiner**
 Mildred Weiner**
 Lisa Wertheim
 Dorothy Wexler**
 Lisa R. Whitmore*
 Ellen and Stephen Wong
 Laurel Young
 Jeannette and Abraham Zeif*
 Rosalie Zemansky
 Barbara Rothenberg and
 Marshall Zemon**
 Janet L. Zimmerman*
 Lyudmila Zvyagilskaya**
 Anonymous (3)

We make every effort to ensure that our lists of supporters are up to date. Should you find an error, please accept our sincere apology, and kindly notify our Organizational Advancement department at 415.406.1107 so that we can make the appropriate change to our records.

A MUTUAL LOVE AFFAIR



Diane Quan-Sun,
garden café assistant
manager, and Esti do
double-duty during
the lunchtime flurry.



"I'm here for the residents. That's it!"
– Esti Uziel, veteran volunteer

“Everybody loves Esti Uziel,” says Diane Quan-Sun, assistant manager of the Jewish Home’s garden café. And Esti loves the Jewish Home.

That is why this volunteer extraordinaire can be found every Monday, Tuesday, and Friday in the Home’s café, doing whatever she can to help Diane, and assist residents, staff and visitors who are stopping by for a bite.

“Esti has a respect and an affection for elders like I’ve never seen before,” Diane says. “She’s very engaging and she gives 110 percent.”

Esti has been volunteering in the garden café for nearly 13 years, doing whatever needs to be done, she says. “I sell, bring coffee, help Diane prepare things, and chitchat with the residents.”

Gloria Houtenbrink, a Jewish Home resident and good friend, vouches for Esti’s invaluable help. “When I come into the café, Esti makes my coffee and carries it to the table for me. She takes good care of those of us who need extra help.”

“I’m here for the residents. That’s it!” Esti states emphatically.

Born in Israel, Esti was raised by her grandparents. Perhaps that is the reason, she suggests, that she has always had a special place in her heart for seniors. After a stint with the Israeli army’s intelligence forces, she met her husband-to-be, Eli, at the cinema. In the mid-1970s, after Eli returned from fighting in Egypt, the couple and their two children (their third was born later) moved to the United States.

“I was lonely at first,” Esti recollects. “I missed my family.”

She began taking classes and volunteering at her children’s schools. “Life changed,” she says.

Her volunteering at the Jewish Home came about when a friend, who volunteered at the Home’s gift shop, suggested that Esti might enjoy it, too. She did – so much so that she split a six-day week between the gift shop and the café. Her stint ended in 2010 when the Uziels decided to move back to Israel. They stayed for a few years, during which time she volunteered at a senior center.

Esti says she loved being back in Israel. “Everything was slow motion – not rush, rush, rush. But my son-in-law wanted to come back to America.” They returned to the Bay Area in 2012, and Esti came back to the Jewish Home.

Not long after their return, she had a devastating shock when her husband died suddenly. Being at the Jewish Home was the therapy that helped her deal with her loss, she says. “I helped people and that gave me help. When I was at the Home, I forgot everything.”



Over the years, Jewish Home resident Gloria Houtenbrink and Esti have become good friends.

Today, Esti’s schedule is full. In addition to her days at the Jewish Home, she volunteers at a food bank, bagging food for veterans who live in her building. “I don’t know how not to volunteer,” she says.

Even so, she manages to save time for her family. She has a son in Wisconsin and another son and daughter in the Bay Area, plus two grandchildren – Eytan, 9, and Shai, 4½. With her grandchildren “growing up so fast, I need another baby,” Esti laughs, directing her command to her children. “So get to work!”

Like Esti Uziel, discover the difference you can make in the lives of others by volunteering at the Jewish Home. Contact our Volunteer Services department at 415.469.2229 to discuss the range of fulfilling opportunities.

JEWISH HOME SERVICE VOLUNTEERS

We gratefully recognize the following individuals and the generous donation of their time, talents, and abilities to enriching the lives of our older adults. Names reflect involvement from July 1, 2014 through June 30, 2015.

Lillian Ackley
Maopeli Martin Ali
Kobi Allen
Natasha Alvarado
Mark Alvarez
Salvador Alvarez
Mikaela Amble
Susan Amdur
Angel Anaya
Marco Anaya
Barbara Anderson
Jose Angulo
Satomi Aoki
Jenelle Apolonio
Kimberly Apolonio
Erna Aramyan
Nancy Aron
Jodrae Asuncion
Chidera Maryjoy Asuzu
Elochukwu Asuzu
Marcia Bach
Joshua Bader
Diana Barillas
Laurie Barkin
Susan Barnett
Alicia Barron
Eugene Berg
Shannon Bergeland
John Bermudez
Denise Bernstein
Ocean Bishton
Elizabeth Blackman
Rachel Blumenthal
Thomas Bookwalter
Gerardo Borja
Jeffrey Breiz
Sonya Breiz
Melissa Budnick
Syrena Bui
Sidney Burger
Pola Burk
Denise Cachola
Nathaniel Calixto
Emily Cano
Luis Cardenas
David Carmine
Carolyn Carranza
Vincent Castoro
Raquel Castrillo
Angel Castro
Daniel Lee Chan
Josie Chan
Eva Chen

Athan Cheng
Benny Cheung
Antoine Chiu
Susie Cohen
Marco Colmenares
Cheryl Corpuz
Jessie Cruz
Jose Cuellar
Jacky Dang
Julian David
Nicholas David
Carlo De La Cruz
Joseph Dea
Micaela DeGregorio
Fernando Delgado
Stacey DeMartini
Sayako Doitel
Georgina Duenas
Chanel Erdenebyar
Gabriel Escobar
Jensen Espiritu
Pefia Fatu
Fan Feng
Hanlin Feng
Sarah Fihn
Angela Firpo
Juan Flugelman
Hugo Fortin
Robert Freeman Jr.
Sheldon Friedman
Christian Gabon
Eden Gallanter
Jose Garay
Frances Gensberg
Jacqueline Geyfen
Travis Gire
Miriam Goldberg
Michael Goldblatt
Stephanie Golden
Kelly Gordon
Sara Gordon
Jason Greene
Charna Greenstein
Holley Greenstein
Irina Grigorian
Sherrie Groshong
Adam Gyi
Francine Hament
Shannon Heffernan
Angel Hernandez
Christian Hernandez
Carol Hicks
Charles Ho

Jocelyn Ho
Jacquelynn Hoang
Rudy Hooremans
Xiu Yi Huang
Paola Iraheta
Natalie Jacobson
Adrienne Jonas
Katherine Jose
Linda Kalinowski
Marilyn Kallins
Michelle Kanda
Paula Karsh
Marty Kassman
Amelia Katkov
Stephen Katten
Gurjeet Kaur
Catherine Keating
Theresa Kelly
Leana Khammadova
Debra Kirschenbaum
Sydney Klaiman
Arnold Kleinerman
Linda Korth
Beth Krackov
Diana Kraikittikun
Hao Tang La
Edna Lachar
Lily Lai
Allison Land
Sarah Lapidus
Yasmeen Law
Allan Leader
Christopher Lee
Eliot Lee
Tyler Lee
Tonya Lemberg
Helene Levy
Ruby Leyva
Jialin Li
Alicia Lopez
Deborah Lopez
Yee Ting Louie
Helen Luey
Leonid Lurye
Jaclyn Mack
Carine Mak
Brian Mallari
Alejandro Mancillas
Greg Mand
Domenic Marchese
Ellen Marks-Hinkle
Hazel Marte
Maria Dulcenea Martinez

Robert Martinez
Simone Masson
Huian Mathre
Sofia Maysenhalder
Michele McGarraugh
Elizabeth Merski
Anne Montgomery
Delilah Morales
Silvia Muniz
Thy Nguyen
Henry Nibbelin
Nathaniel Nido
Marleen Norman
Emmet Odegaard
Yuko Okuyama
Erika Ongaro
Jenkin Ortega
Janet Palattao
Suong Pham
Jane Phillips
Yvette Pierce
Armane Pita
Cheryl Price
Katelyn Quon
Tyler Racklin
Rudy Ragan
Brandon Raymundo
Jessica Richardson
Michele Rissman-Baltuch
Paisha Rochlin-Lehrman
Daniel Rohrer
Ikuko Roth
Wanda Ruan
Samantha Rubin-Pope
Edward Rudolph
Natalie Russell
Edith Sadewitz
Malika Safayeva
Fatima Sanchez
Earl Santamaria
Ansel Schmidt
Susan Schulman
Yakov Schwartz
Philip Secondez
Janis Seeman
Edith Shaffer
Lindsay Shapiro
Andrea Shearn
Sophia Shevick
Justin Shiu
Paul Shkuratov
Claire Shor
Shira Shore

Fiona Sicord
Megan Sicord
Nicholas Silva
Clarissa Silvestre
Charnley Slack
Loretta Slyh
Tanner Smith
Angela Sollesta
Serena Soria
Iris Soriano
Cathy Steirn
Laurel Stephens
Debra Stickeler
Malka Stover
Jill Stracko
Sophia Swanson
Francis Tan
Michelle Tandowsky
Jingguang Tian
Dylan Tieu
Pheona Tippens
Judy Tomsic
Brian Tran
Or Tregger
Gabriela Trinidad
Joivenai Uribe
Ester Uziel
Yelena Vaksman
Jazlynn Valdez
Lourdes Valencia
David Van Essen
Julia Marie Villanueva
Stephan Walter
Lauren Watanabe
Phyllis Wolf
Diana Wong
Moson Wong
Julie Woolverton
Allison Wu
Stella Wu
Lauren Yapo
Helen Yee
Helen Yuen
Lauren Zabel
Calvin Zhu
Xiao Hong Zhu

PROVIDER FOR THE PANTRY'S PROVISIONS



Every Saturday morning, a parking lot on the Jewish Home's campus is transformed into a colorful marketplace. Fresh fruits and vegetables, canned goods and other miscellaneous groceries, courtesy of the S.F.-Marin Food Bank, fill tables, and low-income neighbors are invited to receive free foodstuffs.

This is the Excelsior Community Food Pantry, a partnership of the Jewish Home of San Francisco and Mission Bay Community Church (MBCC). In 2014, when the pantry's former space in the area was no longer available, the Home stepped up and became the pantry's new site. As a result, several hundred Excelsior neighborhood adults and children are continuing to enjoy healthy meals.

"We're humbled and blessed to begin this partnership," said MBCC's Pastor Dawn Hyde when the Home and the church announced their joint sponsorship. "We're overjoyed to partner with the Jewish Home. Coming together to give of our time, resources, and kindness is our common goal."

Commented Daniel Ruth, president and CEO of the Jewish Home: "Our faith holds that we're all responsible to help each other, and the Jewish Home of San Francisco is honored to partner with the Excelsior Community Food Pantry to help them fulfill their mission to serve our neighbors."

Fittingly, just in time for Thanksgiving, last November heralded the official opening of this community collaboration. →

FOOD PANTRY FELLOWSHIP



Wielding a very large pair of scissors at the ribbon-cutting ceremony are, left to right, Assemblymember David Chiu; Paul Ash, executive director, S.F.-Marin Food Bank (suppliers of the food to the pantry); Daniel Ruth, Jewish Home president and CEO; Supervisor John Avalos; and Reverend Dawn Hyde, pastor, Mission Bay Community Church (the original host location of the food pantry).

The food pantry is staffed by volunteers, who include students, members of the community and immediate neighborhood, the church, and Jewish Home staff. All freely give of their time to support this wonderfully worthwhile and necessary endeavor.



OUR COMMUNITY PARTNERS

Over the past year, the active involvement and collaboration of the community organizations, agencies, and facilities listed below have greatly enhanced the care, programs, and services offered by the Jewish Home of San Francisco.

- Acclaim Homecare achieve
- Aging Services of California
- Alzheimer's Association of the Greater San Francisco Bay Area
- American College of Traditional Chinese Medicine
- American Jewish Committee of the San Francisco Bay Area
- American Society on Aging
- APA Homecare Services
- Archbishop Riordan High School
- Association of Geriatric Care Managers
- Association of Jewish Aging Services
- Bay Area Cluster Group of Professional Geriatric Care Managers
- Bay Area Jewish Healing Center
- Bay Area Mitzvah Corps
- Bay Area Social Workers In Health Care
- Bread & Roses
- Brown & Toland Physicians
- Cable Car Songs for Seniors
- California Department of Aging
- California Department of Public Health
- California Pacific Medical Center
- CareResource
- Case Management Society of America
- City College of San Francisco
- Coming of Age
- Concentra Medical Centers
- Congregation Beth Am
- Congregation Beth David
- Congregation Beth El
- Congregation Beth Israel-Judea
- Congregation Beth Sholom
- Congregation B'Nai Emunah
- Congregation Emanu-El
- Congregation Kol Shofar
- Congregation Ner Tamid
- Congregation Rodef Sholom
- Congregation Sha'ar Zahav
- Congregation Sherith Israel
- Contemporary Jewish Museum
- Corpus Christi Parish
- Dominican University
- Employment Plus
- Excelsior Action Group
- Family Service Agency of San Francisco – Senior Companion Program
- Gift Planning Forum of Sacramento
- Girl Scout Troop 62177
- Golden Gate Opera
- Harris Fishbon Fund
- Healing Touch International
- Health Net
- Hebrew Care-a-Van
- Hebrew Free Loan Teen Fellowship Program
- Hebrew School of San Francisco
- Hebrew Union College – Jewish Institute of Religion
- Hill Physicians
- Hospice By The Bay
- Immaculate Conception Academy
- Ingleside Police Station
- In-Home Supportive Services of San Francisco
- Institute on Aging
- International Art Museum
- J. the Jewish news weekly of Northern California
- Jewish Community Center of San Francisco
- Jewish Community Federation and Endowment Fund
- Jewish Community High School of the Bay



Jewish Distribution Committee
Entwine Group
Jewish Family and Children's Services
Jewish National Fund
Jewish Vocational Service
Jewish War Veterans
Julian Davis Memorial Fund
Kaiser Permanente
Kalsman Institute on
Judaism and Health
Kehillah Jewish High School
Kung Pao Kosher Comedy
LeadingAge
Lisa Kampner Hebrew Academy
Local Independent Charities
of America
Lowell High School
Marks Day School
Mayer-Kalsman Fellows
Menorah Park
Mercy High School
Mission Kids Co-op
Montefiore Senior Center
Music Teachers Association of
California, San Francisco Branch
National Association for
Visually Handicapped
NCP College of Nursing
New Jersey Y Camp
New Yiddish Theater
Northern California Planned
Giving Council
Ocean Beach Veterinary Clinic
On Lok, Inc.
Oshman Family Jewish Community
Center of Palo Alto
Pacifica Psychology
PBS-TV
Peninsula Jewish Community Center
Peninsula Temple Sholom
Phillip & Sala Burton High School
Private Industry Council
of San Francisco
Professional Grief
Caregivers Network
Rhoda Goldman Plaza
Rogue Valley Youth Ensemble
Russian Veterans Organization
Saint Ignatius College Preparatory
Samuel Merritt College

San Francisco Bioethics Committee
San Francisco Conservatory of Music
San Francisco Department
of Elections
San Francisco Department
of Public Health
San Francisco Fire
Department Station 32
San Francisco Hillel
San Francisco Jewish Film Festival
San Francisco Public Library,
Excelsior Branch
San Francisco School of the Arts
San Francisco Senior Roundtable
San Francisco SPCA
San Francisco State University
San Francisco Village
San Jose State University
SEIU United Healthcare
Workers West Local 250
Sisterhood of Congregation
Beth Israel-Judea
Sonoma Valley Hospital
Stanford Medical Center
Stanford University Jewish
Student Association
Taube Koret Campus for Jewish Life
Temple Sinai Brotherhood
The Volunteer Center
Touro University School of Pharmacy
Union for Reform Judaism
Unite Here Local 2
United Synagogue Youth
United Way of the Bay Area
Unitek College
University Mound Ladies Home
University of California at Berkeley
University of California at Davis
University of California
at San Francisco
University of California at San
Francisco Medical Center
University of San Francisco
U.S. Healthworks
Veterans Administration
Volunteer Match
YMCA After School Program
Young Adults Division of the
Jewish Community Federation
Zen Hospice Project

GIFTS IN KIND

The following individuals, businesses, and organizations have contributed goods and services to the Jewish Home of San Francisco from July 1, 2014 through June 30, 2015. We sincerely appreciate their support.

Doi and Thomas Adams
Larry Baer and San Francisco Giants
Rickie Ann and Richard Baum
Edwin Cabigao
Captain Kirk's San Francisco Sailing
Staci and Cary Cole
Contemporary Jewish Museum
Drs. Claire and James Davis
Shirley and Benjamin Eisler
Jessica and Michael Eisler
Carol Mondry and Howard F. Fine
Rigina and Aleksandr Fishkin
Olga and Alex Goldshlag
Semen Goldshlag
Haas Brothers and the
Burrows Family
Ellen and Daniel Hoebeke
Home Depot
Honig Vineyard & Winery
Richard Illescas
Joshua Ets-Hokin Photography
Marina Kaufman
The Kenwood Restaurant and Bar
Alex Khaimskiy

Aneta Grinberg and Vadim Kogan
Katrina Krinsky
Lake Merced Golf Club
Angela Lazarich
Lexus of Serramonte
Amber and David Lowi
Helen Manber, M.D.
Bruce A. Mann
Helene and Spencer Marshall
Marcia Packlick and Jack Munson
Marina Nelson
Karen and Brian Perlman
Ruth Roberts
Izabella and Vadim Sakovich
Isaak Shapochnik
Alan Silver
Diane Olmstead and Matthew Slepkin
Judith Szpiro
Kinson Wong, R&G Lounge
Josh Zander
Dr. and Mrs. Bennett Zier
Anonymous (1)

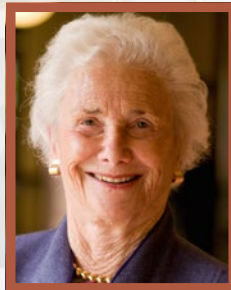


LEGACY AND LEADERSHIP

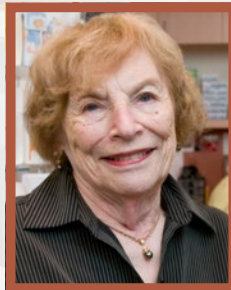
Jewish Home presidents and chairs of the board, and their years of office.

Richard Baum 2014 →
 Steve Krieger 2011 – 2014
 Michael Adler 2009 – 2011
 Mark L. Myers 2007 – 2009
 David A. Friedman 2004 – 2007
 James A. Davis 2002 – 2004
 Arlene E. Krieger 1999 – 2002
 Leonard B. Berger 1997 – 1999
 Barbara C. Rosenberg 1995 – 1997
 Stuart W. Seiler 1993 – 1995
 Douglas M. Heller 1991 – 1993
 Emanuel Friedman 1989 – 1991
 Frances D. Green 1987 – 1989
 Jim Joseph 1985 – 1987
 Julian S. Davis 1983 – 1985
 Bernard Reiner 1981 – 1983
 Richard M. Rosenberg 1979 – 1981
 Sanford J. Leland 1977 – 1979
 Victor L. Marcus 1975 – 1977
 Laurence E. Myers 1973 – 1975
 Samuel L. Fendel 1971 – 1973
 William J. Lowenberg 1970 – 1971
 Clarence Krieger 1967 – 1970
 Toby Magner 1965 – 1967
 Howard A. Friedman 1962 – 1965
 Harold S. Dobbs 1961 – 1962
 Louis L. Brounstein 1957 – 1961
 Stuart N. Greenberg 1953 – 1957
 A.J. Shragge 1948 – 1953
 Ernest Sultan 1946 – 1948
 Newton Bissinger 1941 – 1946
 Edwin S. Newman 1935 – 1941
 Louis H. Schwabacher 1930 – 1935
 Emile E. Kahn 1921 – 1930
 Louis S. Haas 1921 – 1922
 Alfred I. Esberg 1920 – 1922
 Emile Levy 1921
 Alexander Goldstein 1919 – 1920
 Joseph Hyman 1917 – 1920
 Abraham Haas 1910 – 1919
 Max C. Sloss 1910 – 1919
 Sigmund Greenebaum 1902 – 1908
 Samuel W. Rosenstock 1900 – 1902
 Samuel Polack 1895 – 1916
 Samuel W. Levy 1873 – 1909
 Herman Simon 1871 – 1872
 Isaac Wormer 1871 – 1872

We remember our lay leaders who have passed since our previous issue of *Jewish Senior Living*.



Jane Burrows
March 2015



Ida Schwartz
May 2015

May their memories be for a blessing.

140-plus years of leading and enriching the lives of older adults ... and we're just getting started.

IN CLOSING

By David Sheeran

When I think about the Jewish Home, I think of a place that's full of love and compassion. It's a *home*, not an institution.

I began working at the Jewish Home after moving to San Francisco from Oregon. My partner had passed away from AIDS and I was looking for a new chapter in my life. I was a real estate broker, but I wanted to do something meaningful and service oriented. My friend Mark Friedlander, the Jewish Home's Activities director at the time, asked me if I'd be interested in working with seniors. I visited the Home to observe before accepting the job. I was so impressed with the compassion of the staff. There are a bunch of angels working here, I thought. Why wouldn't I want to work with them?

I'm not Jewish, but I loved being part of that culture. I loved that there was a full-time rabbi on staff and I was so moved by the Shabbat services. The residents loved to tease me about not being Jewish. I got a kick out of their sense of humor!

Their intellect and wisdom amazed me, too. Here I was, in an activities room with the 10 seniors assigned to me sitting in their wheelchairs. But I knew there was a combined 800-plus years of wisdom in front of me; their disabilities were really of no consequence. I had a friendship with them. They accepted me, and I was a part of this intimate community.



David Sheeran and Suse Justh bonded beyond the need for conversation.

Before working at the Jewish Home, I'd been training to be a peer counselor for people in grief. Someone suggested I join the Home's end-of-life volunteer companion program, *Kol Haneshema*. I learned it was created by the Home's Rabbi Sheldon Marder, in collaboration with the Zen Hospice Project and the Bay Area Jewish Healing Center. This is really great, I thought; Judaism and Buddhism! I learned so much through the training, especially how to be present in spirit, that conversation isn't necessary, just your presence. This training served me well with Suse Justh, a Jewish Home resident and a special friend.

I decided to move back to Oregon, but I visited Suse whenever I came to town. We could be together, without conversation. In June 2015 I got a call that Suse was in comfort care and I traveled to the Home to see her. She died the next day. Yet I can still feel her presence, and with a lot of joy.

It was such an honor to be a part of Suse's life, and to work with the residents and staff at the Jewish Home. ■

JEWISH SENIOR LIVING GROUP

BOARD OF TRUSTEES

David A. Friedman, *Chair*
 Michael W. Adler, *Secretary*
 David Steirman, *Treasurer*

David Dunkelman
 Jim Koshland
 Larry Marks

SENIOR LEADERSHIP

Daniel R. Ruth, *President & Chief Executive Officer*
 Kathy Burkle, *Chief Information Officer*
 Kevin Hogan, *Chief Operating Officer*
 Sherie A. Koshover, *Chief Advancement Officer*
 Kevin Krueger, *Chief Human Resources Officer*
 Vic Meinke, *Chief Financial Officer*
 Jan Reicher, *Director of Strategic Projects and Transformation*

JEWISH HOME OF SAN FRANCISCO

BOARD OF TRUSTEES

OFFICERS

Richard Baum, *Chair*
 Matthew Slepín, *Secretary*
 Howard Fine, *Treasurer*

PAST CHAIRS

Michael W. Adler
 James A. Davis, M.D.
 David A. Friedman
 Frances D. Green
 Arlene E. Krieger
 Steve Krieger, *Immediate Past Chair*
 Mark L. Myers
 Barbara C. Rosenberg, Ph.D.
 Richard M. Rosenberg
 Stuart W. Seiler

TRUSTEES

James A. Davis, M.D.
 Michael Eisler
 David Lowi
 Alex Mann
 Jack Munson
 Brian Perlman
 Lynn Sedway
 Sophie Sharp
 Howard Zack
 Bennett Zier, M.D.

SENIOR LEADERSHIP

Daniel R. Ruth, *President & Chief Executive Officer*
 Edwin Cabigao, *Chief Nursing Officer*
 Mark Friedlander, *Executive Director*
 Rabbi Sheldon Marder, *Director of Jewish Life*

Jerry A. Levine,
Executive Director Emeritus

CLINICAL LEADERSHIP

Elaine Gecht, M.D., *Long-Term Care Medical Director*
 Elliott Stein, M.D., *Acute Geriatric Psychiatry Medical Director*
 Bennett Zier, M.D., *STARS Medical Director*

MOLDAW RESIDENCES

BOARD OF TRUSTEES

Larry Marks, *Co-Chair*
 David Steirman, *Co-Chair*
 Joel Goldman, *Secretary*

Jean Blackburn, *Resident Representative*
 Pam Ferris
 Susan Moldaw
 Dan Ogus
 Daniel R. Ruth

JEWISH HOME & SENIOR LIVING FOUNDATION

BOARD OF TRUSTEES

OFFICERS

Arlene E. Krieger, *Chair*
 Richard M. Rosenberg, *Secretary*
 Larry Marks, *Treasurer*

TRUSTEES

Adele Corvin
 David A. Friedman
 Robert Newman
 David Steirman
 Daniel R. Ruth, *Board Liaison*

ON THE WEB

JEWISH SENIOR LIVING GROUP

An innovative network serving senior adults and their families across the Bay Area, Jewish Senior Living Group welcomes all to share our vision – to live, grow, and flourish, at any age. jewishseniorlivinggroup.org

STARS

Short-term specialized medical and rehabilitation services help older adults regain strength and capability after illness or injury, usually following their stay in an acute hospital and with the goal of returning home. Learn more about STARS, a Jewish Home center of excellence, at jhsf.org/stars

ACUTE GERIATRIC PSYCHIATRY HOSPITAL

As one of the only enterprises in 14 Bay Area counties that ensures the emotional and mental health of seniors through our on-site acute geriatric psychiatry hospital, the Jewish Home is filling a significant gap. We are licensed by the Department of Public Health to admit voluntary and involuntary patients for acute, short-stay needs. See how our specialized care can help by going to jhsf.org/psych

JEWISH HOME

Take a visual tour through our campus. Read about our comprehensive services for seniors, including exceptional extended care for some of our community's most vulnerable elders. Learn how you can give the gift of time by joining our corps of volunteers, or how you can plan for your legacy, and that of the Jewish Home's, through planned giving.

jhsf.org

MOLDAW RESIDENCES

Located on the South Peninsula in Palo Alto, Calif., this senior living community on the Taube Koret Campus for Jewish Life is a progressive concept that goes beyond whatever you imagined a retirement lifestyle could be. Explore the range of living options, services, amenities, and opportunities at moldaw.org.

JEWISH HOME & SENIOR LIVING FOUNDATION

This charitable foundation promotes and supports Jewish Senior Living Group, the mission and activities associated with the Jewish Home of San Francisco, and network affiliates. The Foundation provides seed funding and makes grants to the Jewish Home, to assist the Home in fulfilling its commitment to serving seniors as they age. Visit the Foundation's website, where you can take advantage of the opportunity to donate online. jhsf.org

E-COMMUNICATIONS – JEWISH HOME

Join our e-mail list to get our latest news, happenings, and developments. jhsf.org/mail. Follow us on Facebook and Twitter.

COMING UP



ANNUAL CHANUKAH SHOW. JOIN US!

Community show performance: Sunday, December 13, 2015, 2:00 p.m. in the Jewish Home's synagogue.

We've got the heart and the soul, the talent of residents, volunteers, and staff, the rhyme and the reason. And we're bringing it all together at our annual Chanukah show, *We've Got Rhythm*. Come share the songs, the music, the love and laughter.

Linger after the performance and wend your way to the lobby of our Goodman Building for luscious latkes, a picture at the photo booth to commemorate the holiday, and to stock up with holiday fare at our gift shop sale.

Queries and information: jhsf.org/Chanukah; call 415.406.1419